

PROGRAM GUIDE

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A special thanks to all our community partners and everyone who helped to make Limmud AZ 2019 possible.

# AND THANKS TO OUR STEERING COMMITTEE VOLUNTEERS:

Jeff Adler	Lise Klein	Robin Rubinstein
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Elana Kanter	Michelle Rosenbloom	Debra Weisberg

Special thank you to our cohort of Limmud AZ Ambassadors! Watch for them in the pink shirts for questions and help during the day!

# THE YEAR IN STATISTICS







In 2018

there 116 Limmud events





attended 41,000 participants,

run by 4,800 volunteers.





There 91 Limmud communities in 42 countries.







held 2018 events in 2018





# LIMMUD'S MISSION AND VALUES

# **OUR MISSION - LIMMUD'S PROMISE:**

Wherever you find yourself, Limmud will take you one step further on your Jewish journey.

Limmud's mission is informed by the following values:

# Limmud community network

### **LEARNING**

- Everyone should be a student and anyone can be a teacher
- · Learning embraces personal development, knowledge and skills
- Learning changes people, inspires action and opens new worlds
- · We encourage the creation of a learning environment in which people are able to reflect and grow
- There are many inspirations that can offer opportunities for learning

### **EXPANDING JEWISH HORIZONS**

• We strive to create individual, collective and communal experiences, through which we strengthen and develop our Jewish identity

### **ENABLING CONNECTIONS**

- We aim to create opportunities for communities and individuals to connect
- · We recognize the strength of providing a space where spiritual, emotional and intellectual connections are made

### **PARTICIPATION**

- · Volunteerism is a key feature of almost everything we do
- · We are all responsible for each other and for the communities we create everyone has an important contribution to make
- We encourage participants to take an active part in all we do

# **EMPOWERMENT**

- · We inspire people to be ambitious about their contribution
- We challenge people, and trust them to rise to that challenge
- We see the potential of individuals and communities, and support their development
- We empower people to make choices and provide the information they need to inform those choices (including in the biographies which we ask presenters to provide)

### **DIVERSITY**

- · We value the rich diversity among Jews, and so we seek to create cross-communal and inter-generational experiences
- We value accessibility, and aim to be accessible to all
- We value choice in form, content and style in our programs
- We encourage people not to stereotype others

### **COMMUNITY & MUTUAL RESPONSIBILITY**

- · Limmud is a community of learning
- We can achieve more together than we can individually
- We gain from, and should give something back to, the Jewish and wider community

### **RESPECT**

- · No one is more important than anyone else
- · We expect all participants to be respectful to one another, and to recognize that all volunteers are also participants

# ARGUMENTS FOR THE SAKE OF HEAVEN

- We recognize and appreciate that 'arguments for the sake of heaven' can make a positive contribution to furthering our education and understanding
- We do not participate in legitimizing or de-legitimizing any religious or political position found in the worldwide Jewish community. Anyone coming to Limmud seeking opportunities for this will not find them. We have no part to play in the debates between/across denominations
- Sessions which encourage vigorous debate are entirely acceptable but we will seek to avoid religious or political conflict. Sessions should be educational, and not polemical

### **RELIGIOUS OBSERVANCE**

- · Shabbat and kashrut are observed in all public areas
- We recognize that in private areas, people will behave as they wish
- Should participants wish to hold a prayer group, they may do so providing they supply all resources and are responsible for the session or prayer group in its entirety

# LIMMUD RULES

# **EVERYTHING YOU NEED TO KNOW ABOUT YOUR DAY!**

### **REGISTRATION**

Registration will be open all day beginning at 8:15am. You will receive a badge and a program book. **PLEASE** wear your badge at all times for security purposes. If you lose your badge, please get a replacement at the registration table.

# **HELP/VOLUNTEER DESK**

The Help/Volunteer desk is located in the hallway right near registration. Please visit with any questions.

### **FOOD**

All snacks and lunch are under rabbinical supervision. NO outside food is allowed in the lunch room. Lunch will be served at 12:30-1:30pm in MU221 Arizona Ballroom.

### **BOOKSTORE**

To help the learning continue, many of our presenters' books will be on sale in MU 221 Arizona Ballroom. A portion of each sale will benefit Limmud AZ. The store will be open during breaks and lunch. Please stop by!

# **SECURITY**

For your protection there will be security personnel on the premises at all times. Remember, please wear your badge.

### LIMMUD ETIQUETTE

- During every session, please make sure your phone is on silent. Please respect our presenters and do not text during the session.
- The Limmud culture is one built on punctuality. Every session is expected to begin and end on time so please be prompt. Some sessions have limited space due to fire codes. Please, if a session is full when you arrive at the room, choose another session that is of interest to you.
- We realize that there may be many sessions that you want to attend during each scheduled time period. If after a session has started you would like to move to another session, please feel free to do so, but leave in the most respectful and quiet way possible so as not to disturb the presenters or other attendees.
- Please be considerate of the others in the room so as not to interrupt their experience of the program.



The rising tide of anti-Semitism can no longer be ignored.

Arizona Jewish Life is introducing new initiatives to help stem the tide.

# WE NEED YOUR HELP & IT WON'T COST A DIME

# Just Take These 4 Steps

- 1. Fill out our survey at azjewishlife.com/ survey
- **2.**Join our Facebook group for discussions
- **3.**Like our Facebook page and follow us on Instagram and Twitter
- **4.** Sign up for our E-newsletters:
  azjewishlife.com/newsletter-sign-me-up
  Facebook: @AZJewishLife
  Twitter: @JewishLifeNow
  Instagram: @jewishlifenow

# Help us help the community

As our gift to you, we will send you the digital version of *Arizona Jewish Life* each month before the print edition is out.

602.538.2955 azjewishlife.com

Arizona Jewish Life is a proud sponsor of Limmud AZ

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Sandy, Rob & Michelle Adler

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# Women's jewish learning Center

# A PROGRAM FOR WOMEN AGES 25-45

- 1. Monthly Group Study Sessions
- A Jewish lens on leadership and networking
- 2. Monthly meetings with an experienced mentor Skills & project development
  - 3. A Community Project

Launched, executed by mentee with mentor help

Applications for 2019-20 Cohort 5 close at the end of February 2019

For more information, contact Rabbi Elana Kanter elanakanter@womenlearning.org



AWARENESS

**EDUCATION** 

KNOWLEDGE

# **Knowledge is Power**

Know your genetic risks & options

The JGDC provides free or highly subsidized screening for Jewish young adults between the ages of 18-45.

Our mission is to provide awareness, knowledge, and screening to empower the Jewish community to make informed decisions regarding genetic diseases.

The JGDC hosts screening events throughout the year. Please contact us to get screened.

Register online: jewishgeneticsphx.org or call 480.668.3347



formerly Council For Jews With Special Needs

Phone (480) 629-5343 - E-mail: info@gesherdr.org - website: gesherdr.org



Gesher Disability Resources is proud to sponsor
Actor/Autism Advocate Ed Asner

Matt Asner and Navah Paskowitz-Asner from The Ed Asner Family Center

Keynote Presentation:

"Generation to Generation – Promoting Self-Confidence in Differently Abled Individuals"

# 9:00AM-10:00AM



PRESENTATION TITLE: "No Calorie" Hamantaschen

PRESENTER: Julie Schoen TOPIC: Arts & Culture ROOM: MU 240 Navajo

In this workshop you will create a one-of-a-kind "no calorie" hamantaschen using colorful felt and embellishments including embroidery floss, beads, sequins and more. Leave class with a beautiful Purim decoration and the skills to make more!

PRESENTATION TITLE: Violins of Hope: Strings of the Holocaust

PRESENTER: Sheryl Bronkesh, Ruth Rotkowitz TOPIC: Arts & Culture ROOM: MU 241A Ventana

Violins of Hope tells the remarkable stories of violins played by Jewish musicians during the Holocaust. Israeli violinmaker, Amnon Weinstein, has devoted the last 20 years to locating and restoring the violins of the Holocaust as a tribute to those who were lost. He has restored over 60 violins as a way to give voice to the victims and reinforce positive messages of hope and harmony.

Each violin has its own unique and inspiring story and through them we learn about the Holocaust in a deeply personal way. These instruments serve not only as powerful reminders of an unimaginable experience but also reinforce lessons of tolerance, inclusion, and diversity. Over 30 of the violins will be in the Valley of the Sun from late February through March 2019 and will be on public display and played in concerts throughout the Valley.

At Limmud, we will share an excerpt of a PBS-produced documentary Violins of Hope: Strings of the Holocaust as well as present materials about several of the violins featured in the National Jewish Book Awards winner, Violins of Hope. Participants will learn about Motele Schlein's violin that was played by the 12-year old boy while he was in the Partisans. Participants will learn how his violin played an important role in sabotaging German soldiers. We will also learn about the violin of Feivel Wininger from Romania and how his violin helped keep a family alive during the Holocaust.

Information will be made available about concerts, book talks and exhibits where the public can see the violins.

# PRESENTATION TITLE: Becoming a Catalytic Jewish Leader

PRESENTER: Steve Weitzenkorn TOPIC: Jewish Experience ROOM: MU 241C Ventana

How can you boost your impact as a Jewish volunteer, lay leader or board member, youth group member, team member, staff member or other leader? Using influential Jewish (non-Biblical) leaders and a catalytic Jewish team as examples, you'll learn how the application of several timeless Jewish values and teachings can elevate personal and team effectiveness, the performance of others, and the ability of an organization achieve superlative results. These "catalytic" competencies have been distilled from extensive field research and confirmed through academic studies. Whether you are seeking to further develop your personal leadership abilities or to develop stronger leadership within your team or organization, this session offers a road map for getting there.

The leadership models and practices presented in this session have been endorsed by many leadership thought leaders including Stephen M. R. Covey, Daniel Pink, and Angela Duckworth.

# PRESENTATION TITLE: Partisanship and Passion: Assessing the Present in the Framework of Our Past PRESENTER: Jay Roth TOPIC: Jewish Experience ROOM: MU 241B Ventana

Many Americans are concerned about the current political situation...the anger, the depth of feelings and the hostility that infiltrates our language and attitudes, the tribalism, the lack of bi-partisan efforts and compromise, and the anxiety created by a government that seems less sensitive to the needs of a broader and complex American society. But this is not the first time America has experienced this...and this session will try to put "today" in perspective by exploring several times in our history when passion and partisanship also threatened our unity and stability as a Republic...and whether these moments are inherent in the constitutionally governed society as envisioned by the Founders.

# PRESENTATION TITLE: Using Public Transit to Get to Jewish Events

PRESENTER: Moshe Apelas TOPIC: Jewish Experience ROOM: MU 248 Rincon

Our Valley of the Sun stretches over a vast area from Peoria to Gilbert. Most people use their car to get to Jewish events. But, what if you don't drive? The Valley has a large public transit system comprised of buses, trains, and neighborhood circulators. Get an introduction on how to effectively use the system to get to the many Jewish venues where events are held.

# PRESENTATION TITLE: How to Speak to Children (and Adults) About the Next World

PRESENTER: Robin Meyerson TOPIC: Life Cycle ROOM: MU 246 Coconino

Robin is the author of the curriculum, A Teachers Guide: How To Teach Children To Provide Merit To Our Departed Loved Ones. She is also the activist who created the book, I Lost Someone Special, The Mitzvot We Can Do. This highly interactive presentation will include hands on exercises appropriate for teachers and parents to do with children (and adults) ages 5 to 18 (and beyond) about how to explain in a loving and meaningful way what happens to the soul after we die and how to provide merit to our departed loved ones in age appropriate methods. In addition to the practical worksheets, we will hear amazing true miracle stories from her book, From This World To The Next.

# PRESENTATION TITLE: Legacy, an Ethical Will through Life Stories

PRESENTER: Barbara Mark-Dreyfuss TOPIC: Life Cycle ROOM: MU 238 Apache

Just as a traditional will leaves monetary wealth to survivors, an ethical will leaves a wealth of experiences and lessons of life. Barbara shares stories and those lessons learned from her childhood, her travels, and her community involvement through her book, "Legacy, An Ethical Will through Life Stories." She shares unique tales gathered from the years when she worked in retail, as a business manager, as a financial advisor and as she faced unplanned events in her life. Attendees will be invited to share a story that is accompanied by a lesson.

Barbara encourages others to consider writing their ethical wills so that their children and grandchildren will enjoy eternal connection with them.

### PRESENTATION TITLE: Understanding our Parents: Millenials and Beyond

PRESENTER: Peter Gordon TOPIC: Life Cycle ROOM: MU 228 Cochise

Our wonderful parents select our unique schools for their children. What are the expectations of these parents? From where are they coming? What role do these parents play in our classrooms? As most are Millennials, or a little younger or older, what is distinctive about these parents and how can we create good relationships with them?

# PRESENTATION TITLE: Confessions of a Body Mechanic: How an Osteopath Looks at Health and Disease PRESENTER: Stephen Davidson TOPIC: Our Bodies/Ourselves ROOM: MU 242 La Paz

Where does disease come from? One place is structural mal-alignment in the human framework. This presentation begins with a review of the osteopathic principles used in tuning the human machine. Through lecture, anatomical slides and pictures of actual "before and after" cases, Dr. Davidson demonstrates the thought process he uses to reason from anatomical discord to physiological resolution.

Cases include: arthritis of hips and hands, severe scoliosis, hearing loss, muscular incoordination (running), and spasms. If time permits, he will demonstrate an analysis and treatment approach on a willing audience member.

# PRESENTATION TITLE: Entering the Soul's World: Meditation and Guided Imagery PRESENTER: Micah Caplan TOPIC: Our Bodies/Ourselves

Through spiritual and emotional exploration, we will dive into the world of the soul. This will be done through a variety of avenues, including meditation and guided imagery. The experience will leave the participant and the group feeling refreshed, re-energized and reconnected to the self. No experience with guided imagery or meditation is needed to attend our session. The energy in the room will become infectious, and each participant will hopefully be able to take home with them several guided imageries and meditations to do at home.

ROOM: MU 207 Gold

ROOM: MU 224 Gila

# PRESENTATION TITLE: Dead Sea Scrolls

# PRESENTER: Timothy Langille TOPIC: Sacred Text

This presentation will be on the Dead Sea Scrolls and their Second Temple period context. More specifically, the discussion will be about the Dead Sea Scrolls themselves, the site of Qumran, and textual production and authority during the Second Temple period.

# PRESENTATION TITLE: The Imperative to Heal: Judaism, Ethics and Biotechnology

# PRESENTER: Hava Samuelson TOPIC: Sacred Text ROOM: MU 230 Pima

Today diverse biomedical procedures constitute what we call "genetic engineering." These procedures include genetic mapping, genetic testing and screening, preimplantation genetic diagnosis, genetic surgery, and research that could to the cloning of humans constitute, and genome editing. This lecture discusses the pro-biotechnology stance of Jewish ethicists who ground their stance in the commandment to heal (ve-rafo yerape; Exodus 21:19). The lecture explains the theological justifications for the pro-biotechnology stance of most Jewish bioethicists, the existential and demographic stresses in Israel and the Diaspora that account for the pro-biotechnology stance, and some of the dissenting voices who have been critical of biotechnology.

# PRESENTATION TITLE: Unsung Women of the Bible

# PRESENTER: Emily Langowitz TOPIC: Sacred Text ROOM: MU 226 Graham

We all know the names Sarah, Rebecca, Rachel and Leah. But who knows the full stories behind women like Yael, Jephthah's Daughter, Jezebel, and more? Join us as we learn more about this characters and how our tradition has imagined their lives--both from rabbinic commentary and contemporary women's writings.

### 10:15AM-11:15AM



KEYNOTE SPEAKER EVENT: Generation to Generation – Promoting Self-confidence in Differently Abled Individuals PRESENTERS: Ed Asner, Navah Paskowitz Asner, Matthew Asner

TOPIC: Our Bodies/Ourselves ROOM: MU 221 Arizona

From Lou Grant in the Mary Tyler Moore television show to Carl Fredrickson the old man in *UP*, join actor, advocate, and autism dad, Ed Asner, along with his son Matt who is also an autism dad, and daughter-in-law Navah who is an autism mom. Together they will share their personal journeys that led to the opening of The Ed Asner Family Center in June 2018. Promoting self-confidence in differently abled individuals while bringing balance and wellness to those individuals and their families is what they do. www.edasnerfamilycenter.org

### 11:30AM-12:30PM



PRESENTATION TITLE: Creating a Hamsa Blessing Piece for Your Home

PRESENTER: Alicia Magal TOPIC: Arts & Culture

ROOM: MU 240 Navajo

Participants will create their own hamsa blessing piece incised in copper, using a range of designs, and decorated with paint and beads. Hebrew words such as Ahava (Love), Peace (Shalom), or Life (Chai) can be added to the design. By the end of the day, each person will have a unique piece to hang on their wall as a blessing for their home.

PRESENTATION TITLE: Latin American Jewish Photographers

PRESENTER: David William Foster TOPIC: Arts & Culture

OPIC: Arts & Culture ROOM: MU 242 La Paz

A PowerPoint presentation of major figures and themes in photography executed in Latin America by Jewish-identified artists. Although thematically this work does not much index Jewish life in Latin America, it exemplifies Jews' long involvement with photography and their commitment to recognizing the Other.

PRESENTATION TITLE: Challenge Yourself: Put on an IDF Uniform & Learn About Israel Firsthand

PRESENTER: Mindy Franklin, Andrea Levy TOPIC: Israel ROOM: MU 228 Cochise

It does our mind and spirit good to step out of the box of our everyday life and challenge ourselves to do something different. This is the road you will take when you Volunteer in Israel. We can find numerous ways to help Israel such as writing, educating ourselves and others, and donating. Volunteering in Israel is ACTUALLY DOING something and contributing to the Israel.

Most of us wouldn't believe that putting on an IDF uniform, working, eating, and sleeping on a supply/ logistics military base would become one of your top five life experiences. Working alongside Israelis and other volunteers from around the world you will find fun, adventure, and purpose knowing you are making a difference.

PRESENTATION TITLE: A Holocaust Survival Story From Her own Words (Experience)

PRESENTER: Charlotte Adelman TOPIC: Jewish Experience

ROOM: MU 238 Apache

Charlotte Adelman was born in Paris, France on March 26, 1932. When she was only eight years old, the Nazis invaded France and occupied Paris. During the next four years, Charlotte was hidden in various places and had many narrow escapes. In this session, she'll tell the harrowing story of her survival in her own words.

# PRESENTATION TITLE: Jews and Slavery in Historical Context

PRESENTER: Stanley Mirvis TOPIC: Jewish Experience ROOM: MU 246 Coconino

"We were Once Slaves to Pharaoh in Egypt, now we are Free": Did Jews ever recite these words at a Passover Seder while being served by slaves? The answer is Yes. This course will explore the complicated relationship between Jews and their slaves from Medieval times through the eighteenth century. It will address not only the historical and Halakhic realities of Jewish slave ownership, but also the ways this uncomfortable reality has been understood and shaped by both Jewish and non-Jewish historians.

# PRESENTATION TITLE: About Wise Aging

PRESENTER: Harriet Rosen, Connie Wolf TOPIC: Life Cycle ROOM: MU 226 Graham

Learn about the Wise Aging project, which is available throughout the Valley. Based on the Wise Aging book, discussion groups talk about the benefits, blessings and challenges of aging. These groups provide a comfortable and secure environment to share, listen and reflect, building a community that's comfortable and supportive. New and ongoing groups can be joined and provide the positive experience of talking with peers, proving that we're always learning, and growing. Sharing that experience with others enriches our lives.

# PRESENTATION TITLE: InfertilitTEA: Raising Awareness for ALL

PRESENTER: Dvora Entin, Chani Levertov TOPIC: Life Cycle ROOM: MU 241A Ventana

As a Jew, it might feel taboo – yet infertility is happening in our community. This session is not just for those with fertility challenges. Come join us as we all learn about about Yesh Tikva and how to best support our friends and/or family members who are struggling with infertility. Whether you have experienced infertility or might have a friend going through this process, together we will grow our sensitivity and learn best practices. Dvora Entin, LCSW, Yesh Tikva's mental health professional and moderator of our virtual support groups, will present a brief talk and share tools on how we can better support those around us facing infertility. You will walk away with such a greater sense of how to be inclusive and thoughtful!

# PRESENTATION TITLE: Micro-Mindfulness Match-Making

PRESENTERS: Joy Rigberg TOPIC: Our Bodies/Ourselves ROOM: MU 248 Rincon

Get ready to "speed date" your way to more clarity and calm. You'll try out 3 mindfulness micro-practices, each of which should take you seconds to complete. Then you'll be guided in matching the best practice for you with a recurring daily event, all in just a handful of minutes. The result? Mindfulness micro-bursts throughout your day!

# PRESENTATION TITLE: Spiritual Awakening Through Integral Jewish Meditation

PRESENTERS: Brian Yosef Schachter-Brooks TOPIC: Our Bodies/Ourselves ROOM: MU 207 Gold

Spiritual awakening is experiential realization that you are far more than your thoughts and feelings. Beneath your personality, there's a radiant field of awareness, free from negativity and connected to the aliveness of the present moment.

Many are surprised to learn that there is a Jewish path of spiritual awakening. Integral Jewish Meditation brings to life your potential for awakening in a direct and experiential way, freeing you from stress and opening you to joy, wellness and peace. Workshop includes sacred Hebrew chanting, movement, and silent meditation. Sample Integral Jewish Meditation here: www.torahofawakening.com/meditation

# PRESENTATION TITLE: A Lesson on the Importance of Pivoting from Abraham: A New Look at the Akedah PRESENTER: Sara Mason-Barkin, Leah Zigmond TOPIC: Sacred Text ROOM: MU 230 Pima

Sometimes change, whether personal, professional, or spiritual, is necessary for success. But how often do we stick to the path that we are on simply because we are already on it? How often do we forget that each moment of our lives contains within it a choice—to keep moving in the same direction or to change courses? In the story of the Akedah there is a pivotal moment when Abraham decides not to kill his son, and this moment changes the course of not only Abraham and Isaac's lives, but the lives of the entire Jewish people. This session will explore that crucial moment in the story of the Akedah and will investigate the importance of listening to our own inner voices as well as what it takes to live lives in which we are more likely to hear those voices in the first place.

# PRESENTATION TITLE: Are We There Yet? New Jewish Feminism PRESENTERS: Elyse Goldstein TOPIC: Sacred Text

If you thought Jewish feminism is your mother's issue, think again. A woman rabbi, a woman Israeli Supreme Court judge, an Orthodox female Talmud scholar, an Orthodox synagogue where women read the Torah from their side of the mechitzah—once ridiculous scenarios are reaching the stage of "normative." So, nu... what's still left for Jewish feminism to accomplish? Is there a "third-wave" Jewish feminism?

ROOM: MU 241B Ventana

# PRESENTATION TITLE: Sacred Exile: The Meor Einayim on Parshat B'reisheet PRESENTERS: Michael Wasserman TOPIC: Sacred Text

PRESENTERS: Michael Wasserman

TOPIC: Sacred Text

ROOM: MU 224 Gila

The Lurianic Kabbalists, and the Hasidic masters after them, taught that God is in exile throughout the world in the form of sacred sparks fragments of divinity hidden in creation. Our mission as human beings is to redeem

the form of sacred sparks, fragments of divinity hidden in creation. Our mission as human beings is to redeem God, to bring God home again, by gathering up those sparks. Rabbi Menahem Nahum of Chernobyl, one of the greatest of the early Hasidic masters, added that we bring God out of exile by going into exile ourselves – that is, by leaving our comfort zone, in search of sacred sparks that we cannot access in any other way. We must leave home to bring God home. We will discuss a teaching from his book, the Meor Einayim, on parshat B'reisheet, in which he develops that idea.

# PRESENTATION TITLE: A Rabbi in Guatemala: The Jewish Imperative for Global Justic PRESENTERS: Dean Shapiro TOPIC: Tikkun Olam/Social Justice ROOM: 241C Ventana

The Torah commands us to consider the vulnerable by ensuring Justice in our courts, and to provide for the poor by leaving the corners of our fields for them to harvest. Today's global, industrial economy is very different from the agrarian society of the Torah. In our day and age, how do we fulfill our Jewish obligation to help those most in need? Rabbi Dean Shapiro recently traveled to Guatemala as a Global Justice Fellow with American Jewish World Service. In this session, he'll share his experience and learning.

12:30PM-1:30PM LUNCH MU 221 ARIZONA

# 1:30PM-2:30PM



PRESENTATION TITLE: Apologia and Redemption: World War II and the Holocaust in Contemporary German Film
PRESENTER: Volker Benkert

TOPIC: Arts & Culture

ROOM: MU 238 Apache

The 2013 German mini-series "Unsere Mütter, Unsere Väter" (Generation War) describes the sufferings of the German war generation with empathy without casting doubt on their complicity in the Holocaust. The film seeks to fulfil, not go against the expectations of today's audiences willing to accept the complicity, though not the agency of Germans in the Holocaust. The movie thus epitomizes the current state of Holocaust memory in Germany, which despite strides for acceptance of the complicity of ordinary Germans has moved little beyond apologia and redemption.

# PRESENTATION TITLE: Klezmer: The Musical Connection to Our Jewish Soul

PRESENTER: Michael Steingart TOPIC: Arts & Culture ROOM: MU 228 Cochise

This session will discuss the origins of Klezmer music and its growth in popularity. You will be introduced to hearing the actual music and learning to appreciate this unique sound. Klezmer in Yiddish mean, vessel (klez), song (zemer). Klezmer was the predominant music of the European and Russian Jewish people.

# PRESENTATION TITLE: Yiddish Poetry in Translation

PRESENTER: Leon Gildin TOPIC: Arts & Culture ROOM: MU 246 Coconino

The Poems of H. Leivick and Others - Yiddish Poetry in Translation, recently published by Finishing Line Press and sold at the Yiddish Book Center will be used as a basis of how poetry is translated; class evaluation of the translations.

# PRESENTATION TITLE: Arizona and Israel: From a Business Angle

PRESENTER: Lieb Bolel TOPIC: Israel ROOM: MU 224 Gila

With many great local organizations focusing on many areas of relevance to Israel, this presentation will give you insight as to what is happening locally both within the public and private sectors on the commerce front between Arizona and Israel that is unlike anytime before.

# PRESENTATION TITLE: Dance Fusion Israeli Folk Dancing

PRESENTER: Linda Simon TOPIC: Israel ROOM: MU 207 Gold

Dance Fusion teachers Elaine and Jason will bring fun, movement and joy to Limmud participants for a great hour of instructional and participatory dance. Israeli Folk Dancing can be enjoyed as a circle dance or line dance and is always a group experience. Elaine and Jason will go through the easy steps as this dance form can be done by anyone at any level of experience. After steps are learned, the great Israeli Folk music will rise your spirits as we join in many dances. Feel the energy of the circle as we experience our ancestral tribal roots. Dance has always been a vital part of Jewish heritage. Dance Fusion along with Elaine and Jason are excited to bring the joy, connection, enthusiasm and great fun our Jewish heritage was always meant to be in the fabulous experience of Israeli Folk Dance.

# PRESENTATION TITLE: Hidden Ones-A Veil of Memories

PRESENTER: Marcia Fine TOPIC: Life Cycle ROOM: MU 241C Ventana

A fascinating review of how Sephardic Jews survived during the Inquisition while chased around the world for almost 400 years. How did they keep their "one true faith" after forced conversions? What kept them together? How did they remain spiritual in the face of danger? Why is the Passover Seder the most celebrated Jewish holiday in the world? What is the Anusim ("forced ones") movement about today?

# PRESENTATION TITLE: Lost and Found: Jewish Women Recovering Tradition, Remaking Themselves PRESENTER: Vicki Cabot TOPIC: Jewish Experience ROOM: MU 241A Ventana

Why do Jewish women choose to become Orthodox? Why do they take on the obligations of stringent belief and practice that affects what they eat, how they dress, when they have marital relations, where they live and how they spend their time and their money? And how does such a religious transformation affect who they are as individuals, as wives, as mothers, as sisters, as professionals, as friends?

At Limmud, we'll explore how loss can inspire religious search; how religious grounding can assuage it; how the proliferation of choices in today's world can confound; how Orthodoxy's clearly defined roles and moral imperatives appeal; how loneliness is pervasive and how Orthodoxy's close communities provide a welcome antidote.

The presentation will use these takeaways to look more broadly at the phenomenon of religious transformation among women, including the impacts of generation and life course position on religious change, current historical and cultural moment on Jewish identity formation, generation and life course position on religious change, and the striking potential for spiritual search, and change, among older Jewish women.

# PRESENTATION TITLE: The Mayor of Jackson Heights: Growing Up Jewish in New York in the 1950s PRESENTER: Cary Silverstein TOPIC: Jewish Experience ROOM: MU 242 La Paz

As the 1940s end, the Second World War is over, the troops are coming home, and Harry Truman is our president. The State of Israel has been established and the flames of war are again being fanned in Korea. In his soon to be released book, The Mayor of Jackson Heights: Growing up Jewish in New York in the 1950s, Cary Silverstein travels back to New York City during this decade of rapid change. Through Cary's childhood and adolescent eyes, you will experience what it was like growing up as a young Jewish man in the mainly white Protestant and Catholic neighborhood of Jackson Heights, Queens. As the youngest son of first generation American parents, Cary shares his experiences with his mother, father, brother, immigrant grandparents, extended family and friends.

# PRESENTATION TITLE: Weird, Bizarre and Hilarious Judaism

PRESENTER: Hershl Weberman TOPIC: Jewish Experience ROOM: MU 226 Graham

This is an opportunity to share texts and experiences that left you rolling on the floor or cringing in your seat, or both. We will take up to about two minutes each and go around again time permitting. Start thinking of what you'd like to share.

# PRESENTATION TITLE: Pain is Inevitable, Suffering is Optional

PRESENTER: Laurie Beth Morales TOPIC: Our Bodies/Ourselves ROOM: MU 230 Pima

Laurie Beth Morales has unusual insight into death and healing, as both a mother and a licensed clinical social worker specializing in grief, trauma and sudden death. She introduces an alternative yet complimentary perspective and understanding to the 5 stages of grief, developed by her own experiences and through her practice with others through trauma and grief. Over the past 25 years of counseling, Laurie Beth discovered that grief from trauma is experienced differently, as the "normal" order of the lifespan has been interrupted. This complimentary model of the five stages of grief will provide a framework to understand what happens to us when we encounter an unwanted, unexpected reality. Since she has decided to tell her story publicly, she has appeared on Dr. Phil, has a top-ranking mental health podcast with Psych Sessions and her recent book Bulletproof has changed the way we think about the process of grief and teaches us this invaluable concept; Pain is inevitable, suffering is optional.

PRESENTATION TITLE: Making Letters Dance and Fly

PRESENTER: Baruch Sienna TOPIC: Sacred Text ROOM: MU 248 Rincon

In this hands-on workshop, participants will examine how Hebrew letters have evolved over thousands of years and continue to be transformed. Playing together with letter forms, we will turn letters and words back into pictures transforming text into visual midrash. After an introduction to the history of the Hebrew alphabet we will create our own masterpieces with Hebrew letters.

PRESENTATION TITLE: Mosaic Art Project

PRESENTER: Morrine Maltzman TOPIC: Arts & Culture ROOM: MU 240 Navajo

Participants will be creating a Jerusalem themed mosaic made from glass, beads, metals and many other found objects. PLEASE NOTE: THIS CLASS IS 2 HOURS. There is a materials fee of \$25 for this class to be paid on a first come, first served basis at registration on the morning of Limmud AZ. 15 participants maximum.

### 2:45PM-3:45PM

PRESENTATION TITLE: 18 Things About Judaism I Learned From Watching FRIENDS

PRESENTER: Meghan Dorn TOPIC: Arts & Culture ROOM: MU 241C Ventana

This presentation will highlight 18 times the popular TV show FRIENDS taught us Torah...and more than just the Holiday Armadillo! It will be a fun, pop-culture spin on Torah study.

PRESENTATION TITLE: Why Israel?

PRESENTER: Marty Haberer TOPIC: Israel ROOM: MU 246 Coconino

This presentation provides a broad study of many facets of Israeli life including its history, people and culture, the tensions both within Israel and its relationship with others, and its place and significance for Jews worldwide.

The goal is to become much more knowledgeable about and connected to the many facts, faces, and facets of Israel. For some it will mean studying Zionist and Israeli History; for others it means studying Israeli Culture and politics; for others it means studying Israeli wars and conflicts; and yet, for others it means studying the relationship between Israel and other Jewish communities.

PRESENTATION TITLE: Gravestones, Stories and Jewish Genealogy

PRESENTER: Janette Silverman TOPIC: Jewish Experience ROOM: MU 238 Apache

This presentation will look at 3 short case studies - two in which gravestones and their Hebrew inscriptions provided the necessary proof for ancestral names; one in which a photograph helped clear up a mystery of two Jewish sisters named Minnie.

PRESENTATION TITLE: Remembering and Facing Ourselves Through Holocaust Museum Learning

PRESENTER: Jay Levinsohn TOPIC: Jewish Experience ROOM: MU 226 Graham

Museums can educate, promote unity, and encourage peace and understanding. This presentation will explain how museums such as Yad Vashem, United States Holocaust Memorial Museum and the Museum of Tolerance make it happen.

Yad Vashem is a world Holocaust remembrance center and includes databases of information and photo archives of databases. It honors "The Righteous Among Nations" which is a powerful reminder of the action and character of people who stood up to the atrocities of the Holocaust.

The USHMM has remarkable information for teaching the Holocaust, and a current project, "History Unfolded: US Newspapers and the Holocaust." The project surveys how newspapers covered the Holocaust while it was happening. It is a hands-on history project for people to contribute headline information of what their local paper included in the 1930s.

The Museum of Tolerance is the educational arm of the Simon Wiesenthal Center. Understanding the Holocaust in both historical and contemporary contexts and confronting all forms of prejudice and discrimination in our world today is the challenge made to visitors. The museum has an outstanding timeline of the Holocaust. It will be discussed and studied during the presentation.

Individually, each museum contributes to an understanding of the Holocaust and ourselves. A fusion of knowledge about the museums creates a dynamic of knowing the past and insights into actions each of us can make in the future.

# PRESENTATION TITLE: The Rise of the Jewish Gangster

PRESENTER: William Weiss TOPIC: Jewish Experience

ROOM: MU 241B Ventana

Many Jews don't want to think about or acknowledge that organized crime is very much a part of the Jewish experience in America. Jewish gangs took their place alongside their Irish predecessors and Italian contemporaries in mastering the rackets in immigrant ghettos. Jewish mobsters dominated the booze trade in most cities during Prohibition, and the labor rackets before, during and after the Roaring Twenties. Jewish gambling operators started building modern Las Vegas as early as 1931, and extended their influence to gambling rackets all over the nation and in the Caribbean. Today's "Russian Mafia," which includes Jewish members, is pushing the envelope of "frontier capitalism" in Russia, and is forging powerful ties with the remnants of the Mafia in America.

Indeed, the Mafia played a prominent part in the rise, and rise, of Jewish gangsters. Jewish and Italian gangsters have been allies more often than enemies. And, in a rare example of Jews benefiting from bigotry, the Mafia has gotten most of the blame for organized crime in America, while Jews have walked away with most of the profits—especially in Nevada. This phenomenon is not simple happenstance: the Southern Italian predilection for isolation and secrecy, and the Jewish desire for assimilation and inclusion, have done much to create stereotypes that favor Jewish-Americans at the expense of Italian-Americans.

This talk with visuals covers the roots of Jewish crime, starting with experiences of immigrant Jewish pimps, arsonists and horse-peddlers, through today's sophisticated gambling racketeers, tax swindlers, diamond smugglers money launderers and drug distributors.

# PRESENTATION TITLE: Grandparenting in the Modern Age

PRESENTER: Larry Waldman TOPIC: Life Cycle

ROOM: MU 242 La Paz

Successful grandparenting the children of millennials is a challenge. In this seminar the following topics will be discussed: Grandparenting roles, discipline styles, grandparents at their best and worst, bonding tips, managing conflict, divorce and step-grandparenting.

# PRESENTATION TITLE: Yoga Nidra for Awakening Joy

PRESENTER: Amy Tyre TOPIC: Our Bodies/Ourselves ROOM: MU 207 Gold

Yoga Nidra (Yogi sleep) is a systematic guided meditation that induces a state of non-doing allowing complete physical, mental and emotional relaxation and rejuvenation. It can help alleviate the symptoms of stress related disorders by taking us to the most restful brainwave states where our body is nourished and regenerated. On a deeper level, it allows us to develop a new relationship to our limiting beliefs and perceptions that unconsciously drive our lives. Best practiced lying on a mat, blanket or towel on the floor. Wear comfortable warm layers.

# PRESENTATION TITLE: A New Kabbalah for Everyone: Radically Inclusive Jewish Spiritual Practices to Awaken Body, Mind and Heart

PRESENTERS: Akiva Elhart TOPIC: Sacred Text ROOM: MU 224 Gila

What are the origins of the current renaissance in Jewish mindfulness, meditation, and spirituality? What do we mean when we talk about building a radically inclusive spiritual community, and why is this kind of community needed now more than ever? We'll explore mindfulness and meditation practices from the heart of Judaism, updated for today's gender-diverse Jewish community. We'll learn spiritual practices from the teachings of contemporary Jewish meditation masters such as Perle Besserman (a student of the eminent Aryeh Kaplan z'l), Alan Lew z'l, Jonathan Omer-Man, and Estelle Fraenkel (things like inquiry practice, blessings as mindfulness, spiritual journaling, and unifications) as well as meditation techniques such as linking the breath with the Divine name, guided visualization with gender-neutral Kabbalistic imagery, and using Jewish mantra (focus phrase), mudra (hand position), and mizrach (visual anchor).

### PRESENTATION TITLE: The Power of Prayer: Halleluyah!

PRESENTER: Elyse Goldstein TOPIC: Sacred Text ROOM: MU 230 Pima

Come hear what a Baptist church taught a Reform Rabbi about tefillah. What is prayer and what is it not? What are we getting all wrong and what can we do about it? Whether you find prayer meaningful or extremely difficult, this workshop will get you thinking about the role of prayer in your life. Rabbi Goldstein's teaching at Limmud AZ is made possible by a grant from the Covenant Foundation.

# PRESENTATION TITLE: Far From the Tree: A Jewish Journey of Raising a Special Needs Child PRESENTER: Ed Katz TOPIC: Tikkun Olam ROOM: MU 248 Rincon

A 38-year journey of maintaining a happy Jewish home of 3 boys while caring for a severely disabled special needs middle child. What it's like to often be on the receiving end of Tikkun Olam and how the experience influenced our views of the spiritual world, Judaism, and life in general. How our wonderful Rabbis have worked with us and especially the influence of Gesher (formally council for Jews with Special Needs) who've provided so much assistance.

# PRESENTATION TITLE: Jewish Feminists Change the World: A Legacy for Our Own Time PRESENTER: Joyce Antler TOPIC: Tikkun Olam ROOM: MU 241A Ventura

Jewish women were instrumental in shaping the women's liberation movement of the 1960s through the 1980s. But historians and participants themselves have neglected their contributions as Jews, a consequence of the women's focus on universalism, and the effects of external and internal anti-Semitism. This talk presents stories of many of these fierce pioneers, as well as those who participated in the later, self-consciously identified Jewish feminist movement that fought gender inequities in Jewish religious and secular life. Both groups need to be recognized for their vital contributions to the nation.

# NOTES



# If you enjoyed learning at Limmud AZ, today, join us February 17-18, to learn about:

- how genetics and genomics help to understand and treat genetic diseases.
- the diverse conceptions of physical and mental disabilities in the sources of Judaism in light of the new discipline of Disability Studies.
- the social, cultural and psychological dimensions of disability.
- the work of Jewish organizations to empower and include people with disabilities.



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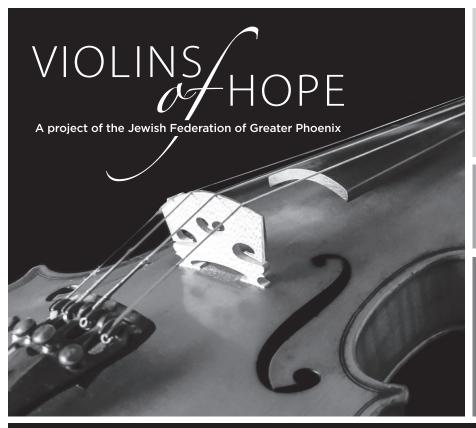
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# AMNON WEINSTEIN, The Man Behind The Music, Photography Exhibit by Daniel Levin

Feb. 3 - Mar. 26

Cutler-Plotkin Jewish Heritage Center

# **VIOLINS OF HOPE EXHIBITION**

Feb. 26 - Mar. 24

Scottsdale Center for the Performing Arts

# TRIBUTE CONCERT honoring Holocaust Survivors

and Those Who Perished

featuring Red Rocks Music Festival Musicians

March 19, 7:30pm

Scottsdale Center for the Performing Arts

# FEBRUARY-MARCH 2019

For a complete list of events go to **violinsofhopephoenix.com** 



# SCHEDULE AT A GLANCE

# **MU 207 GOLD**

9:00 am	Entering the Soul's World: Meditation and Guided Imagery	Caplan
11:30 am	Spiritual Awakening Through Integral Jewish Meditation	Schachter-Brooks
1:30 pm	Dance Fusion Israeli Folk Dancing	Simon
2:45 pm	Yoga Nidra for Awakening Joy	Tyre

# MU 221 ARIZONA

10:15 am Keynote Speaker Event: Generation to Generation -

Promoting Self-confidence in Differently Abled Individuals Asner, Asner, Paskowitz Asner

12:30 pm LUNCH

# **MU 224 GILA**

9:00 am	Dead Sea Scrolls	Langille
11:30 am	Sacred Exile: The Meor Einayim on Parshat B'reisheet	Wasserman
1:30 pm	Arizona and Israel: From a Business Angle	Bolel
2:45 pm	A New Kabbalah for Everyone: Radically Inclusive Jewish Spiritual Practices	
	to Awaken Body, Mind and Heart	Elhart

# MU 226 GRAHAM

9:00 am	Unsung Women of the Bible	Langowitz
11:30 am	About Wise Aging	Rosen, Wolf
1:30 pm	Weird, Bizarre and Hilarious Judaism	Weberman
2:45 pm	Remembering and Facing Ourselves Through Holocaust Museum Learning	Levinsohn

# **MU 228 COCHISE**

9:00 am	Understanding our Parents: Millenials and Beyond	Gordon
11:30 am	Challenge Yourself: Put on an IDF Uniform & Learn About Israel Firsthand	Franklin, Levy
1:30 am	Klezmer: The Musical Connection to Our Jewish Soul	Steingart

# **MU 230 PIMA**

9:00 am	The Imperative to Heal: Judaism, Ethics and Biotechnology	Samuelson
11:30 am	A Lesson on the Importance of Pivoting from Abraham: A New Look at the Akedah	Mason-Barkin, Zigmond
1:30 pm	Pain is Inevitable, Suffering is Optional	Morales
2:45 pm	The Power of Prayer: Halleluyah!	Goldstein

# MU 238 APACHE

9:00 am	Legacy, an Ethical Will through Life Stories	Mark-Dreyfuss
11:30 am	A Holocaust Survival Story From Her Own Words (Experience)	Adelman
1:30 pm	Apologia and Redemption: World War II and the Holocaust in Contemporary German Film	Benkert
2:45 pm	Gravestones, Stories and Jewish Genealogy	Silverman

# SCHEDULE AT A GLANCE

# MU 240 NAVAJO

9:00 am	"No Calorie" Hamantaschen	Schoen
11:30 am	Creating a Hamsa Blessing Piece for Your Home	Magdal
1:30 pm	Mosaic Art Project	Maltzman

# MU 241A VENTANA

9:00 am	Violins of Hope: Strings of the Holocaust	Bronkesh
11:30 am	InfertilitTEA: Raising Awareness for ALL	Entin, Levertov
1:30 pm	Lost and Found: Jewish Women Recovering Tradition, Remaking Themselves	Cabot
2:45 pm	Jewish Feminists Change the World: A Legacy for Our Own Time	Antler

# MU 241B VENTANA

9:00 am	Partisanship and Passion: Assessing the Present in the Framework of Our Past	Roth
11:30 pm	Are We There Yet? New Jewish Feminism	Goldstein
2:45 pm	The Rise of the Jewish Gangster	Weiss

# MU 241C VENTANA

9:00 am	Becoming a Catalytic Jewish Leader	Weitzenkorn
11:30 am	A Rabbi in Guatemala: The Jewish Imperative for Global Justice	Shapiro
1:30 pm	Hidden Ones – A Veil of Memories	Fine
2:45 pm	18 Things About Judaism I Learned From Watching FRIENDS	Dorn

# MU 242 LA PAZ

9:00 am	Confessions of a Body Mechanic: How an Osteopath Looks at Health and Disease	Davidson
11:30 am	Latin American Jewish Photographers	Foster
1:30 pm	The Mayor of Jackson Heights: Growing Up Jewish in New York in the 1950s	Silverstein
2:45 pm	Grandparenting in the Modern Age	Waldman

# MU 246 COCONINO

9:00 am	How to Speak to Children (and Adults) About the Next World	Meyerson
11:30 am	Jews and Slavery in Historical Context	Mirvis
1:30 am	Yiddish Poetry in Translation	Gildin
2:45pm	Why Israel	Haberer

# MU 248 RINCON

9:00 am	Using Public Transit to Get to Jewish Events	Apelas
11:30 am	Micro-Mindfulness Match-Making	Rigberg
1:30 pm	Making Letters Dance and Fly	Sienna
2:45 pm	Far From the Tree: A Jewish Journey of Raising a Special Needs Child Katz	Tyre

### ADELMAN, CHARLOTTE

Charlotte is a Holocaust survivor who escaped the Nazis five times. Her story has a Facebook connection and a Documentary is currently being made and will be available after the summer of 2018. Her story is similar to The Diary of Anne Frank, but has a happier ending. The difference is that she is alive to tell her story today.

# **ANTLER, JOYCE**

Joyce Antler is the Samuel Lane Professor of American Jewish History and Culture and Professor of Women's and Gender Studies Emerita at Brandeis University. She is the author of many books on Jewish and women's history, including, most recently, Jewish Radical Feminism: Voices from the Women's Liberation Generation; You Never Call! You Never Write! A History of the Jewish Mother, awarded the Emily Toth Prize for best book on women's issues, and The Journey Home: How Jewish Women Shaped Modern. She also edited Talking Back: Images of Jewish Women in American Popular Culture and America and I: Short Stories by American Jewish Women Writers. She is the co-author of the prize-winning documentary drama, "Year One of the Empire."

# APELAS, MOSHE

Moshe Apelas is a software & UPS (Uninterruptible Power Systems) engineer. He served in United States Air Force supporting Airlift and Strategic commands and held security clearances above top secret.

### **ASNER, ED**

Along with being a great contributor to the acting world, Ed is also an activist who support numerous causes include Holocaust survivors, free speech, children of political activists, wildlife conservation, and education for those who learn differently. It is Ed's family experiences with autism that led him to open the Ed Asner Family Center in July 2018 with his son and daughter-in-law with a mission to promote self-confidence in differently abled individuals and bring balance and wellness to those individuals and their families.

# **ASNER, MATTHEW**

Having grown up with a brother who has autism and then raising a son with autism, Matt chose to leave film producing in 2012 to make his mark in a way only he could. Matt joined the largest research and advocacy organization, Autism Speaks, where he ran the Southern California office for four years. Matt then made a switch to Autism Society of America where he served as Vice President of Development for the next two years. Most recently, Matt chose to "join the family business" and is now the President for the Ed Asner Family Center.

# **BENKERT, VOLKER**

Volker Benkert is an Assistant Professor in the School of Historical, Philosophical and Religious Studies at Arizona State University. His research focuses on the impact of sudden regime change on biographies after both totalitarian regimes in 20th century Germany. He is the author of Glückskinder der Einheit. Lebenswege der um 1970 in der DDR Geborenen (Berlin: Ch. Links Verlag 2017). His new research project's interest is in memory of the Nazi past in Germany, which despite great strides to acknowledge the horrors of the Holocaust, still includes highly apologetic and redemptive narrative traits.

# **BOLEL, LEIB**

Leib Bolel is the President and CEO of the Arizona Israel Technology Alliance. With many years of experience strengthening Israel and Diaspora relations, he now leads a team solely focused on increasing bilateral trade, business and investment between the state of Arizona and Israel.

# **BRONKESH, SHERYL**

Sheryl Bronkesh, chair of Generations After (GA): Descendants of Holocaust Survivors in Greater Phoenix, is a member of the Board of Directors of the Phoenix Holocaust Survivors' Association (PHSA). As the daughter of Holocaust survivors, Sheryl strongly promotes Holocaust education to Jewish and non-Jewish communities. GA's and PHSA's Speakers Bureau provides speakers with first-hand knowledge of World War II and its aftermath as well as sponsoring community programs with renowned national and international speakers. This year, GA and PHSA are proud to be part of the "Violins of Hope," a project of the Jewish Federation of Greater Phoenix. Sheryl serves on

the advisory council of the Martin-Springer Institute: Global Engagement Through Holocaust Awareness at Northern Arizona University.

# CABOT, VICKI

Vicki Cabot holds Master's degrees in Mass Communications and Religious Studies from Arizona State University (ASU) and completed a Doctorate in Philosophy in Religious Studies from ASU's College of Liberal Arts in May 2018. Her dissertation explores religious transformation among older women. An adjunct professor in religion, she has taught World Religion for nearly a decade at Glendale Community College and she is a lecturer at ASU's Osher Center. As a writer and editor, her byline appeared for 30 years in Jewish News of Greater Phoenix and other publications and she now blogs for Times of Israel.

# CAPLAN, MICAH

With long-standing ties to the Phoenix community, Micah Caplan became Congregation Or Tzion's rabbi in July 2010. Under Rabbi Caplan's leadership, Or Tzion community has grown from 110 to 500 families. His vision is creating a place of learning, sharing and celebrating Jewish living together as a *Kehillah Kedosha* — a holy community.

### **DAVIDSON, STEPHEN**

Stephen Davidson is an Osteopathic Physician Board Certified in Neuromuscular Medicine. With his practice limited to osteopathic manipulative medicine and homeopathy in Phoenix for many years, Dr. Davidson is a well-respected and nationally recognized osteopathic physician. Patients come from around the world for Dr. Davidson's treatments. He is a popular guest lecturer who always brings a sense of humor to the pragmatic goal of helping ourselves (and our patients!) to better health.

# DORN, MEGHAN

Meghan prides herself in being a community connector -- meeting new people, learning about their lives, and helping them solutions to whatever they are searching for. She is the co-founder of Madams at the Well, a Rosh Hodesh group for women in their 20s, 30s, and early 40s. When she's not in the community helping others, you can find her hiking or doing stand-up comedy.

# **ELHART, AKIVA**

Akiva Elhart is the founder and facilitator of *Pnei Hamayim:* a Center for Jewish Spirituality, a pluralistic, radically inclusive space for Jewish mindfulness and meditation in the Greater Phoenix Area. Founded in 2016, *Pnei Hamayim* teaches Jewish spiritual practices for awakening body, mind, and heart while centering the experiences of LGBTQIA Jews and welcoming allies.

# ENTIN, DEVORAH

Dvora Entin is a licensed clinical social worker and clinical consultant for Yesh Tikvah, a national non-profit providing emotional support to those navigating infertility. She moderates monthly phone-support calls for individuals facing primary and secondary infertility and maintains a private pack practice exclusively focused on maternal mental-health, issues of infertility, pregnancy loss, and postpartum mood and anxiety challenges. She works with women and couples in person or virtually.

# FINE, MARCIA

Award-winning author and speaker Marcia Fine has written seven novels. Her novel, HIDDEN ONES released in 2017, examines Conversos in Mexico during the Inquisition. It has won First Prizes in the categories of Historical Fiction and Multicultural as well as Honorable Mention from AZ Authors. Marcia has a BA from Florida State University and a Masters from Arizona State University.

# FOSTER, DAVID WILLIAM

David William Foster is Regents' Professor of Spanish and Women and Gender Studies on the faculty of ASU's Jewish Studies Program. He specializes on urban culture in Latin America, including Jewish diaspora.

### FRANKLIN, MINDY

As Vice President of a national public relations agency for over 23 years she directed new business and account strategy for publicly traded and private clients until 2015. She began her love of Israel while planning the first trip with her husband and daughter in 1998 and quickly became an advocate for Israel. While managing Bear Stearns CBOE operations she began her volunteer involvement with the Jewish Federation soliciting donations. Her interest with Volunteers of Israel began as a chance encounter while attending a committee meeting of the Zionist of America chapter in Chicago. Currently Mindy is Regional Director for Volunteers for Israel covering Arizona, Utah, Colorado, Oklahoma, and Wyoming.

# **GILDIN, LEON**

Leon Gilden is an aged Jew who grew up and was educated in the golden age of Yiddish secularism in New York City.

### **GOLDSTEIN, ELYSE**

Elyse Goldstein is the founding Rabbi of the City Shul in Toronto. In 1991, she founded and then served as Director of Kolel: The Adult Centre for Liberal Jewish Learning. In May 2008 she received her Doctor of Divinity, honoris causis, from Hebrew Union College and in 2018 was awarded a Doctor of Laws, honoris causis, from Toronto's Ryerson University for her path-breaking work in Canada. She is the recipient of the Covenant Award for Outstanding Jewish Educators and author of four books on Women and Judaism. She has taught at Limmud events all through North America and Europe. Rabbi Goldstein's teaching at Limmud AZ is made possible by a grant from the Covenant Foundation.

### **GORDON, PETER**

Peter Gordon, Head of School at Pardes in Scottsdale, is responsible for school operations including instruction and learning, professional development, accreditation, admissions, development, business, and community relationships. Peter works with the Board of Directors to ensure the learning environment reflects the school's core values and adherence to excellence. Peter served as the Head of Hilltop Country Day School from 2015-2017, and from 2005-2015, held positions as the Associate Director of Admissions and Director of Financial Aid, and Middle School Director at The Brimmer and May School in Chestnut Hill, Massachusetts.

# HABERER, MARTY

For the past three and half years, Marty Haberer has been the CEO of the Jewish Federation of Greater Phoenix. Haberer has worked for the Federation movement for 30 years in New York; New Jersey; Cincinnati, Ohio; Detroit, Michigan; and Sarasota, Florida. He has traveled to Israel on 41 Missions and has traveled to Jewish communities in Berlin, Budapest, France, Greece, Poland, Tbilisi, Ethiopia, Moscow, Odessa, St. Petersburg, Tashkent, and Baku.

### KATZ, ED

Ed Katz and his wife have raised and care for a severely disabled child (he's 38, lives with us) and maintained faith, spirituality and a Jewish identity. They have been members of Temple Emmanuel and Gesher for 30-plus years.

# LANGILLE, TIMOTHY

Tim Langille is a lecturer in Jewish Studies and Religious Studies at Arizona State University, teaching Hebrew Bible and Jewish history. His research focuses on trauma, memory, and Jewish responses to catastrophe during the Second Temple period; memory and the Jewish Legion during World War I; and German Christian Movement readings of the Hebrew Bible during the Third Reich.

# LANGOWITZ, EMILY

Emily Langowitz is the Assistant Rabbi at Temple Solel in Paradise Valley. A native of Wellesley, Massachusetts, she received rabbinic ordination and a Masters of Hebrew Literature from Hebrew Union College-Jewish Institute of Religion in New York City. Her interests include Hebrew poetry and feminist theology.

# LEVERTOY, CHANI

Yesh Tikvα, Hebrew for "There is Hope," is a national non-profit, created in January 2015, to provide emotional support to those navigating infertility. Yesh Tikvα provides the following support services: Fertility Friends, Infertility

and Halakha resources, Insider's Guide to Navigating Infertility, and forums for sharing support and guidance. Yesh Tikva is also working to educate the Jewish community about the unique struggles that come along with infertility, including the Mikvah Infertility Awareness Campaign and the Infertility Awareness Shabbat initiative. Yesh Tikva aims to give infertility a "voice" so no one should have to feel alone or ashamed. For more information visit us at www.YeshTikva.org or email us at support@YeshTikva.org.

Chani Levertov is our local connection to Yesh  $Tikv\alpha h$  and has started the local fertility challenges group titled Fruitful. This is just one of her many passion projects in our community.

# LEVINSOHN, JAY

Jay Levinsohn has taught Holocaust and Character Development at Temple Solel for B'nai Mitzvah students for the past five years. He has also taught at Hebrew High School, and Bureau of Jewish Education. Jay is a graduate of Southern Methodist Law school and graduated from Scottsdale Community College Teacher Certification program.

### LEVY, ANDREA

Andrea Levy, CPA, CFE serves as CFO with SARRC. Levy works in nonprofit management, providing strategic financial leadership and forward-thinking to support the lifespan of autism research and resources. Levy holds a bachelor's in accounting and a master's in business administration. Levy recently served as board member of the Arizona Certified Fraud Examiners Chapter. Her favorite part of the role was championing the Arizona Helping Hands holiday toy charity drive. Levy is affiliated with MAKOR and has been an ambassador of VFI for the past seven years. Her favorite place in the world is Israel.

# MAGAL, ALICIA

Alicia Magal has served as rabbi of the Jewish Community of Sedona and the Verde Valley since 2006. Her previous roles include seven years working in Israeli TV and as a licensed tour guide, then in Los Angeles, California, serving as Museum Educator at the Skirball Museum, Director of the Commission on Jewish Arts of the Federation's Council on Jewish Life, and Program Director for Temple Emanuel of Beverly Hills. She is known for her creative workshops for the B.J.E. (Bureau of Jewish Education) educators and membership organizations such as Hadassah, and for her articles and lectures about Jewish holidays and lifecycle events. Part of her mission is to bring joyful juicy Judaism to the next generation through the arts, hands-on text-based workshops, interactive Torah study, and musical and meditative Shabbat and holy day services.

### MALTZMAN, MORRINE

Morrine Maltzman is a local mosaic artist who enjoys teaching others and creating Jewish themed art. She has created large murals for public spaces and numerous commissioned works. Morrine teaches mosaic classes at her studio, local clubhouses, and homes for mosaic parties.

### MARK-DREYFUSS, BARBARA

Barbara, as a poet and author, has written Kaleidoscope, a book of poetry, Renewal of Body, Renewal of Spirit, A Guide to Health, Hope and Healing; America At Last, A Family's Journey from Fear to Freedom and Remember Always, Spiritual Poetry. And "Legacy, an Ethical Will through Life Stories." She also served as a ghost writer to create a book under the subject's name. Barbara has donated several of the sculptures she created to fund-raising auctions to benefit Hadassah Hospital's Mother and Child Pavilion, Scottsdale Symphony, Free Arts for Abused Children, Temple Chai and Scottsdale Museum of Contemporary Art.

# MASON-BARKIN, SARA

Sara Mason-Barkin was ordained from Hebrew Union College-Jewish Institute of Religion in May, 2010, after receiving her Masters Degree in Jewish Education in 2008. Sara began her career as an educator in a Jewish day school. While teaching, Sara discovered a passion for helping people of all ages find meaningful moments of Jewish connection in their own lives. This dedication to pursuing further work in the field of Jewish education led her to Jerusalem, where she began her rabbinical studies.

# **MEYERSON, ROBIN**

Robin is the co-director of Project Inspire Arizona and does marketing and life coaching for the *Machon HaAdam HaShalem*. As a volunteer, she's the West Coast Director for NASCK, Peacefulreturn.org assisting families in end-of-life decisions. She has a Bachelor's degree in Marketing from Arizona State University and a Master's degree in International Management from Thunderbird Graduate School of Business. She has 25 years experience in sales and marketing at both profit and non-profit organizations. An award winning author and public speaker, Robin has entertained and educated 1000s of people of all ages around the country with her afterlife miracle stories through public speaking, radio and television appearances.

### **MIRVIS, STANLEY**

Stanley Mirvis is Assistant professor of history at ASU's School of Historical, Religious, and Philosophical Studies and is the Harold and Jean Grossman Chair of Jewish Studies.

### MORALES, LAURIE BETH

Laurie Beth has unusual insight into death and healing as both a mother and a licensed clinical social worker specializing in grief, trauma and sudden death; chronic and terminal illness; and, infertility counseling. She has a psychotherapy practice, founded the Scottsdale Center for Palliative Counseling, and is a preferred provider for Arizona and Colorado in trauma therapy. She serves as a resource for the national organization, Parents of Murdered Children, working with affected families and communities including Sandy Hook and the 2017 Las Vegas strip massacre. She has a Bachelor's Degree in Psychology and Masters of Social Work from Arizona State University and has nationally certification in treating addictions. She has appeared on Dr. Phil, her podcast reached #3 for mental health podcasts and she has recently published, *Bulletproof*.

# **PASKOWITZ-ASNER, NAVAH**

Navah has been working with special needs families since her youngest son was diagnosed in 2012. Sheis a Life Coach and the creator of The BALANCE family conferences in which she established the model of having mental health support for the ENTIRETY of the special needs family. Starting the Ed Asner Family Center with her husband and father-in-law has been a dream come true. Here she can support individuals who are developmentally disabled and those with mental health challenges in an environment where the entire family can live, thrive, feel joy and hope no matter how hard their personal burdens may be.

### RIGBERG, JOY

Joy Rigberg has dedicated her life to working with and helping children and adolescents. She blends masters-level credentials in counseling and education with mindfulness training and certification in multiple healing modalities. Twenty years of classroom teaching experience and life coaching have given her ample opportunity to apply and hone her extensive skills. At the center of Joy's work is mindfulness, self-acceptance, resiliency, and joy.

# ROSEN, HARRIET

Harriet Rosen and Connie Wolf have brought the Wise Aging project to the Valley. Together, they interviewed organizations about their willingness to support this series of discussion groups. The focus is on building community and encouraging people to talk about the pleasures and challenges of aging in a positive environment among respectful listeners. Trust is built through shared understanding, clear boundaries and confidence in confidentiality. Over 25 trained facilitators are holding sessions in multiple locations.

# ROTH, JAY

Jay Roth was an accomplished JCC executive for 40 years. He currently teaches in several life-long learning programs in the metropolitan Phoenix area.

# **ROTKOWITZ, RUTH**

Ruth Rotkowitz has taught English on both the college and high school levels. She is also a freelance writer who has published fiction, nonfiction, and poetry. The Violins of Hope project speaks to her dedication to Holocaust education.

# SAMUELSON, HAVA

Dr. Hava Tirosh-Samuelson, Director of Jewish Studies and Irving and Miriam Lowe Professor of Modern Judaism and Professor of History at Arizona State University, writes on Jewish intellectual history. She focuses on philosophy and mysticism in premodern Judaism, the interaction between Judaism, Christianity, and Islam in the Middle Ages, feminist philosophy, Judaism and ecology, bioethics, and religion and science. The Center for Jewish Studies at ASU provides classes for ASU, public lectures for the community, research conferences, adult Jewish learning opportunities and Scholarships/Fellowships for students and faculty.

# SCHACHTER-BROOKS, BRIAN YOSEF

Brian Yosef Schachter-Brooks is a Jewish spiritual teacher and musician. He has been teaching the practice of Presence (meditation, mindfulness) and Judaism since 2006, and founded Torah of Awakening in 2007. Reb Brian Yosef received s'miha (ordination) as Minister of Sacred Music (Reb Yosef Briah Zohar, Menatzeiakh, Ba'al Tefilah) from Reb Zalman z"l (2012), Spiritual Teacher and Awakener of Souls (Morei Rukhani uM'oreir N'shamot) from Shaykh Ibrahim Baba Farajaje (may his secret be sanctified) and Rabbi Sara Leya Schley (2012), certification as Teacher of Jewish Meditation (Moreh L'hitbodedut) from Dr. Avram Davis (2004), and holds a Bachelor in Music from the Eastman School of Music (1991).

# SCHOEN, JULIE

Julie Schoen's love of creating with fibers started in her mother's needlepoint store. After her children were born she took up knitting, crocheting and quilting, She is the president of the Desert Cactus Chapter of the Pomegranate Guild of Jewish Needlework.

# SHAPIRO, DEAN

Rabbi Dean is a graduate of Clal's Clergy Leadership Incubator, a fellowship of Rabbis Without Borders; participates in Tempe's Interfaith Ministry work; and writes a monthly column on spirituality for the East Valley Tribune. He received rabbinic ordination and a certificate in Jewish Communal Service from Hebrew Union College and a Bachelor's Degree, with Honors, from Harvard College. A former movie industry executive who specialized in international distribution of feature films including the hit "My Big Fat Greek Wedding," he has lived in Israel, New Zealand, Spain, and Egypt. Prior to Temple Emanuel, Rabbi Dean served Jewish communities in Auckland, Los Angeles, and the Bay Area.

# SIENNA, BARUCH

Baruch Sienna is a master Jewish educator with a special interest in the environment. He is the author of The Natural Bible, an encyclopedia on Judaism and the environment. He now works as a visual digital artist and graphic designer with a focus on Jewish texts and letters. He has taught calligraphy, designed *ketubot* and has created siddurim for synagogues and Jewish day schools.

# SILVERMAN, JANETTE

Janette began her genealogical journey more than 35 years ago as a hobby with her father. What started as a hobby quickly became more, as she immersed herself in Jewish history, both as a student and a teacher. She has been president of a Jewish Genealogy Society; is an active volunteer with JewishGen, heading up the Ukraine Special Interest Group; and was lead co-chair of the 2016 IAJGS conference. In 2017 she was named JewishGen Volunteer of the Year. Since 2015 she has worked at ancestryProGenealogists, the division of Ancestry.com that does private client research. She heads up a group that specializes in Eastern European and Jewish research.

# SILVERSTEIN, CARY

Cary Silverstein has worked with major firms such as GE Medical Systems, Patrick Cudahy, and Metavante in the areas of strategic planning, consultative selling, market research, negotiations, and conflict resolution. As a senior professor at DeVry University / Keller Graduate School , Cary facilitated classes in marketing, entrepreneurial planning, legal & ethical issues of business, negotiation skills, and strategic planning. Cary has co-authored Overcoming Your Negotiα-Phobiα as well as published articles on entrepreneurship, family succession planning, and negotiation in professional periodicals and the Internet. Cary writes on business topics for *The BizTimes Milwaukee*.

# SIMON, LINDA

Dance Fusion has an adult dance, fitness and yoga studio focused on the joy of all types of dance and offers Israeli Folk Dancing once a week.

# STEINGART, MICHAEL

Michael Steingart is a clarinetist who has played Klezmer for years. He has played in many different Jewish bands, and has studied Klezmer music. His interest lies in teaching others the foundation of Jewish music through the ages. Michael is an orthopedic surgeon who enjoys reading history, music, (plays flute ,sax and clarinet, and piano), and people. He teaches everyday: His patients are his students! Michael's hero is Dr. Moses Maimonides.

# TYRE, AMY

Amy Tyre has been practicing and studying yoga for over 20 years. She used the discipline of yoga to help reverse her depression and severe digestive issues. She is an ardent believer in our ability to heal ourselves, given the proper tools. A treasure trove of human wisdom, Amy helps guide others who are ready, willing and have the desire to transform their lives. Amy enjoys sharing her deep love of the ancient teachings and practices with warmth, humor and compassion. She leads group classes at the VOSJCC and other places, guides workshops and works with people one-on-one.

### WALDMAN, LARRY

Larry Waldman is a certified school psychologist and licensed clinical, forensic psychologist in Phoenix. In private practice for 40 years, he works with children, teens, parents, couples, and adults and consults with family, personal injury, immigration and estate planning attorneys. He has a Ph.D. in Educational/School Psychology from Arizona State University. Waldman was the Director of Psychological Services for Charter Psychiatric Hospital of Glendale and a top expert on Parenting for SelfGrowth.com and serves on the professional advisory board of Stepping Stones of Hope, serving children who have lost a parent. Waldman is the co-chair of the Early Career Psychologists Committee with the Arizona Psychological Association (AzPA). In addition to numerous articles, Dr. Waldman has written six books: Who's Raising Whom?; Coping with Your Adolescent; How Come I Love Him But Can't Live with Him?; The Graduate Course You Never Had; Too Busy Earning a Living to Make Your Fortune?; Overcoming Your Negotiaphobia;: Negotiating Through Your Life.

### WASSERMAN, MICHAEL

Michael Wasserman is a graduate of Harvard University, The Jewish Theological Seminary, and the Shalom Hartman Institute's Rabbinic Leadership Initiative. He is a founding co-rabbi of The New Shul in Scottsdale.

### WEBERMAN, HERSHL

Hershl arrived from Mars over half a century ago and landed in Brooklyn, NY on December 25th. He moved to Az after 911. Artist, acupuncturist, poet, photographer. Has organized singles groups in NYC and here for many decades. Visits Mars often.

# **WEISS, WILLIAM**

Bill Weiss is a historian and lecturer in modern American history. His topics include the arts; military history; new interpretations following the Cold War; aspects of Jewish assimilation in America; the evolution of Jewish gangsters; the rise and demise of the Borscht Belt; Jewish atomic scientists; the Rosenberg spy case; and , news media treatment of Jews, Israel and African-Americans. He has taught and lectured at colleges, synagogue groups, senior citizen organizations and historical societies. Weiss started at Bell Laboratories in 1971, and in 1984 moved to AT&T's Corporate Headquarters, where he served with most of AT&T's business units. As Public Relations Vice President - Business Markets Division, he dealt with a \$25 billion unit serving AT&T's small, medium, large and global business customers. Prior to joining AT&T, Weiss spent 11 years in journalism, with the Wall Street Journal, American Banker, New York Times and Electronics Magazine.

# WEITZENKORN, STEVE

Dr. Steve Weitzenkorn is an organizational adviser and strategy consultant, working closely with multinational corporations, local companies, educational institutions, and not-for-profits. He has developed innovative and

award-winning training programs for American and international companies. He holds a Ph.D. in Human Learning and Organizational Behavior. His experiential and discovery learning programs have received international recognition for innovation and effectiveness. Steve was the lead designer for the highly engaging simulation supporting Stephen M.R. Covey's bestseller, *The Speed of Trust*. He won the Henkel Award for Global HR Excellence and received the William C. Byham Award for Innovation and Excellence in Training Technology. Steve is a co-author of *The Catalyst Effect:* 12 Skills and Behaviors to Boost Your Impact and Elevate Team Performance. He has also written an historical novel, Shakespeare's Conspirator, about Amelia Bassano Lanier, a Jewish woman who may have written many of Shakespeare's plays.

# **WOLF, CONNIE**

Connie's career spanned the business world in Advertising Agencies to the Corporate world in roles of marketing, training and organization development to Executive management in Dow Corning's European headquarters as VP of Human Resources, Communications and Strategic Change.

After returning to the US, she began a management consulting and coaching business. Connie was a caregiver for 11 years and led a Parkinson support group for two of those years. She has volunteered on Boards and committees with Jewish Federation, Jewish Foundation, Jewish Free Loan, Temple Chai, Women's Jewish Learning Center, National Council of Jewish Women and Women's Leadership Institute.

# ZIGMOND, LEAH

Leah Zigmond has a Master's Degree in Environmental Science and Management from Duquesne University and a Doctoral Degree in Education from Northeastern. Leah spent 13 years living and working on Kibbutz Lotan in Israel's Southern Arava Desert. Much of this time was spent in Lotan's Center for Creative Ecology including six years as the Center's Director of Education and Associate Director of the Living Routes semester abroad programs in Israel.

For full presenter biographies, please visit www.limmudaz.org.

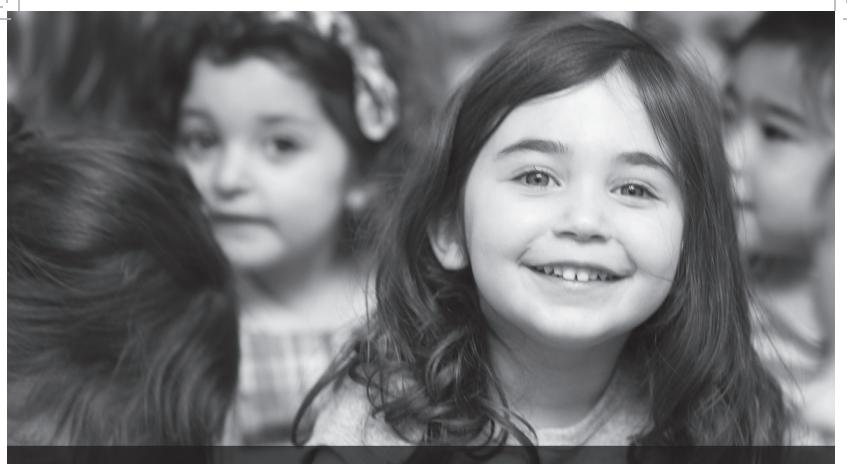
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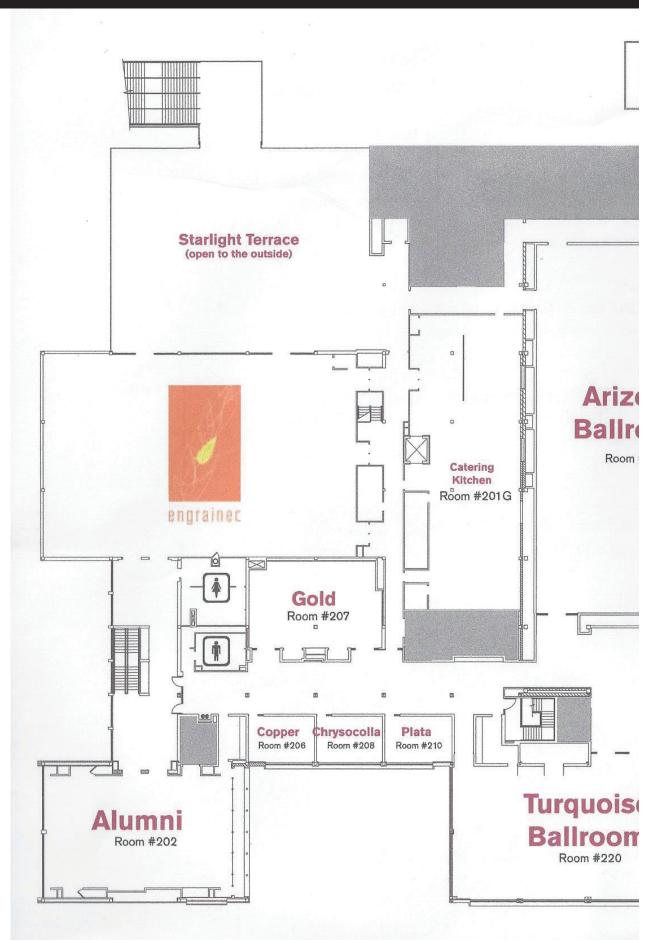
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