

Junua 2 11, 2018

PROGRAM GUIDE

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A special thanks to all our community partners and everyone who helped to make Limmud AZ 2018 possible.

AND THANKS TO OUR STEERING COMMITTEE VOLUNTEERS:

Sandy Adler Michelle Adler Susan Farber

Gayle Friedman Elana Kanter

Lisa Kaplan

Lise Klein

Peter Pishko

Fran Richter

Harriet Rosen

Michelle Rosenbloom

llene Singer

Suzanne Swift

Liz Vaisben

Amanda Walker

Rachel Wallach

Marian Willis

Special thank you to our first cohort of Limmud AZ Ambassadors! Watch for them in the pink shirts for questions and help during the day!

WELCOME TO LIMMUD AZ 2018

Welcome to Limmud AZ 2018 Day of Jewish Learning

The heart of Limmud is its values: a program entirely planned and run by volunticipants; a place where everyone teaches and everyone learns; and a place that demonstrates the breadth, depth, creativity and joy of Jewish life.

It is our belief that Limmud AZ helps to create a re-energized and vibrant Jewish Arizona.

Challenge yourself to move out of the comfort of what you already know, and into the exciting places of learning you have never been. Meet new people who challenge your thinking and study something you have never learned about before.

No matter how you got here, settle in and enjoy. It's an exciting and fun way to spend a day. Think about something you might like to teach at a Day of Learning in the future!

Thank you to all our volunticipants, presenters, sponsors, supporters and donors who recognize the strength and value of this program for our community.

Amanda, Lise, Liz, Michelle, Elana, Sandy and Suzanne







LIMMUD'S MISSION AND VALUES

OUR MISSION - LIMMUD'S PROMISE:

Wherever you find yourself, Limmud will take you one step further on your Jewish journey.

Limmud's mission is informed by the following values:

LEARNING

- Everyone should be a student and anyone can be a teacher
- · Learning embraces personal development, knowledge and skills
- Learning changes people, inspires action and opens new worlds
- · We encourage the creation of a learning environment in which people are able to reflect and grow
- There are many inspirations that can offer opportunities for learning

EXPANDING JEWISH HORIZONS

• We strive to create individual, collective and communal experiences, through which we strengthen and develop our Jewish identity

ENABLING CONNECTIONS

- We aim to create opportunities for communities and individuals to connect
- · We recognize the strength of providing a space where spiritual, emotional and intellectual connections are made

PARTICIPATION

- Volunteerism is a key feature of almost everything we do
- · We are all responsible for each other and for the communities we create everyone has an important contribution to make
- We encourage participants to take an active part in all we do

EMPOWERMENT

- We inspire people to be ambitious about their contribution
- We challenge people, and trust them to rise to that challenge
- · We see the potential of individuals and communities, and support their development
- We empower people to make choices and provide the information they need to inform those choices (including in the biographies which we ask presenters to provide)

DIVERSITY

- · We value the rich diversity among Jews, and so we seek to create cross-communal and inter-generational experiences
- We value accessibility, and aim to be accessible to all
- We value choice in form, content and style in our programs
- We encourage people not to stereotype others

COMMUNITY & MUTUAL RESPONSIBILITY

- · Limmud is a community of learning
- We can achieve more together than we can individually
- · We gain from, and should give something back to, the Jewish and wider community

RESPECT

- No one is more important than anyone else
- · We expect all participants to be respectful to one another, and to recognize that all volunteers are also participants

ARGUMENTS FOR THE SAKE OF HEAVEN

- We recognize and appreciate that 'arguments for the sake of heaven' can make a positive contribution to furthering our education and understanding
- We do not participate in legitimizing or de-legitimizing any religious or political position found in the worldwide Jewish community. Anyone coming to Limmud seeking opportunities for this will not find them. We have no part to play in the debates between/across denominations
- Sessions which encourage vigorous debate are entirely acceptable but we will seek to avoid religious or political conflict. Sessions should be educational, and not polemical

RELIGIOUS OBSERVANCE

- Shabbat and kashrut are observed in all public areas
- We recognize that in private areas, people will behave as they wish
- Should participants wish to hold a prayer group, they may do so providing they supply all resources and are responsible for the session or prayer group in its entirety



EVERYTHING YOU NEED TO KNOW ABOUT YOUR DAY!

REGISTRATION

Registration will be open all day beginning at 8:15am. You will receive a badge and a program book. PLEASE wear your badge at all times for security purposes. If you lose your badge, please get a replacement at the registration table.

HELP/VOLUNTEER DESK

The Help/Volunteer desk is located in the hallway right near registration. Please visit with any questions.

FOOD

All snacks and lunch are under rabbinical supervision. NO outside food is allowed in the lunch room. Lunch will be served at 12:30-1:30pm in MU221 Arizona Ballroom.

BOOKSTORE

To help the learning continue, many of our presenters' books will be on sale in MU 221 Arizona Ballroom. A portion of each sale will benefit Limmud AZ. The store will be open during breaks and lunch. Please stop by!

SECURITY

For your protection there will be security personnel on the premises at all times. Remember, please wear your badge.

LIMMUD ETIQUETTE

- During every session, please make sure your phone is on silent. Please respect our presenters and do not text during the session.
- The Limmud culture is one built on punctuality. Every session is expected to begin and end on time so please be prompt. Some sessions have limited space due to fire codes. Please, if a session is full when you arrive at the room, choose another session that is of interest to you.
- We realize that there may be many sessions that you want to attend during each scheduled time period. If after a session has started you would like to move to another session, please feel free to do so, but leave in the most respectful and quiet way possible so as not to disturb the presenters or other attendees.
- Please be considerate of the others in the room so as not to interrupt their experience of the program.

LEGEND



→ Presenter who traveled from outside AZ



Jewish Book Council author

YOUR COMMUNITY WEEKLY SERVING GREATER PHOENIX AND NORTHERN ARIZONA



Vew stud

REAL ESTATE & HOME GUIDE Tips on downsizing your home



Family turns hate incident into a message of tolerance

family decided to turn the tables on anti-Semitic n at their home by transforming a moment of hate of community tolerance.

Ari Simones noticed something odd when they iveway of their Phoenix home on the Fourth vacation; there were sheets of white paper

appening, the couple first settled back side to see what was under the paper. and the word Jews spray painted

n that she had spotted the

hed to do something," hem before. She had house she saw the ur door. When her house

Women plan mission to Israel in support of Women of the Wall

LEISAH WOLDOFF | CONTRIBUTING EDITOR

n response to the recent move by Israel's Cabinet to freeze a government decision to expand a non-Orthodox prayer section at the Western Wall, a Valley rabbi has joined forces with another rabbi and a peace activist to lead a women's peace mission and spiri-tuality tour in Israel in November in support of the Women of the Wall.

"We want to go show our support for the women who have gone to the Kotel (West-

SEE MISSION, PAGE 4



The heartbeat of Arizona's Jewish Communities for 70 years.

Both in print and online.



AWARENESS

EDUCATION

KNOWLEDGE

Knowledge is Power

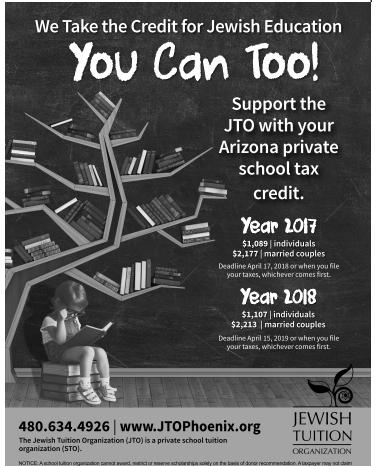
Know your genetic risks & options

The JGDC provides free or highly subsidized screening for Jewish young adults between the ages of 18-45.

Our mission is to provide awareness, knowledge, and screening to empower the Jewish community to make informed decisions regarding genetic diseases.

The JGDC hosts screening events throughout the year. Please contact us to get screened.

Register online: jewishgeneticsphx.org or call 480.668.3347







formerly Council For Jews With Special Needs

12701 N. Scottsdale Road, Suite 205, Scottsdale, AZ 85254-5453 Phone (480) 629-5343 ~ F-mail: info@gesherdr.org



Gesher Disability Resources is proud to sponsor Steph "The Hammer" Hammerman's presentation:

"Failure is Not an Option"

Gesher is eligible for Arizona's dollar-for-dollar tax credit (tax id# 86-0626273). Visit us online at gesherdr.org and follow us on Facebook.

9:00AM-10:00AM



PRESENTATION TITLE: 18 Things About Judaism I Learned From Watching FRIENDS

PRESENTER: Meghan Dorn TOPIC: Arts & Culture ROOM: MU 238 Apache

This presentation will highlight 18 times FRIENDS taught us Torah...and more than just the Holiday Armadillo! It will be a fun, pop-culture spin on Torah study.

PRESENTATION TITLE: **DEFCON**

PRESENTER: Moshe Apelas TOPIC: Israel ROOM: MU 248 Rincon

On October 6, 1973, Egypt and Syria, with full backing and support from the USSR launched a surprise attack on Israel. As the fighting intensified, both the US and USSR increased their nuclear war alert levels. The US went to DEFCON (defense condition) 3. Only during the Cuban missile crisis of 1962, was a higher level declared DEFCON 2 (this only applied to Strategic Air Command).

A first-person account of the events, I was stationed at Offutt Air Force base, headquarters of Strategic Air Command, with top secret (and above) security clearances.

PRESENTATION TITLE: Choices -The True Story of One Family's Daring Escape to Freedom

PRESENTER: Judy Laufer TOPIC: Jewish Experience ROOM: MU 242 La Paz

"Only a decade had passed since their ordeal in the Holocaust. They came home to pick up the pieces of their shattered lives only to find themselves again placed in harm's way.

What if the CHOICES were to live in a country that offered your family a future without freedom or risk everything and everyone in search of a better life? Which would you choose?"

Very current theme, Russian invasion, immigration and refugees – come hear the story behind the story!

PRESENTATION TITLE: President Truman and the Creation of Israel: A Troubled Journey

PRESENTER: Jay Roth TOPIC: Jewish Experience ROOM: MU 241A Ventana

The creation of the State of Israel in May 1948 was the culmination of a reawakening process that began, in earnest, in the 1890s. Started by Theodore Herzl, it ended in 1948 when president Truman made an historic decision and the United States voted to recognize the new State of Israel. It was a long process lasting more than 60 years. This class will examine president Truman's role from April,1945 to May, 1948. It was a complicated, difficult and trying role that dramatically changed Jewish history.

PRESENTATION TITLE: OK, Let's Argue: Understanding the Other Side of Controversies in the Jewish Community PRESENTER: Kenny (Yitzchak) Kaufman TOPIC: Jewish Learning ROOM: MU 228 Cochise

Everyone knows Judaism has a rich tradition of debate. How do we view and treat opposing viewpoints? What limits do we place on our openness to divergent opinions? What defines a perspective as Jewish? What value do we gain by acknowledging and incorporating diversity and variety? In a lively, open forum, this session encourages listening to the other side and seeking ways of working well together despite our differences. Topics can include submissions from participants. Examples: Who is a Jew?; Abortion; Euthanasia; Land for Peace; Aguna; Minyan; Women Rabbis; Definition of Marriage; Intermarriage and Assimilation; Authority in Judaism, Your Idea?

PRESENTATION TITLE: So Far And Yet So Close

PRESENTER: Michael Wasserman TOPIC: Jewish Learning ROOM: MU 236 Mohave

It is ironic that, sometimes, attempting to repair the world makes us feel farther from God instead of closer. Rabbi Lavi Yitzhak of Berditchev (one of the greatest Hasidic masters of the 18th and early 19th centuries) struggled with that paradox and offered us some consolation. We will study and discuss what he had to say.

PRESENTATION TITLE: Helping "Boomers" with Difficult Family Conversations

PRESENTER: Cary Silverstein, Larry Waldman TOPIC: Life Cycle ROOM: MU 241C Ventana

"Boomers" have been called the "sandwich generation," as they are caught between dealing with their adult children and aging parents. In this seminar, Larry Waldman and Cary Silverstein will review necessary but difficult conversations "boomers" must have with their "boomerang" adult children whom have moved back home and with their elderly parents about giving up the car keys and/or seeking assisted living arrangements.

PRESENTATION TITLE: Navigating the Holidays: Interfaith Families in Dialogue

PRESENTER: Jessie Rubenstein TOPIC: Life Cycle

ROOM: **MU 224 Gila**

Holidays can be a tough time for interfaith families: discussions of which holiday(s) will be celebrated, the rituals observed, and the interactions with the in-laws of different faiths can be hard to navigate. This presentation will allow an opportunity for dialogue in which to discuss this difficult issue and provide the participants with background information on Jewish holiday celebrations. We will particularly focus on the upcoming holiday celebrations.

PRESENTATION TITLE: Sex, Death, and Tachrichim

PRESENTER: Rick Light TOPIC: Life Cycle

ROOM: MU 226 Graham

ROOM: MU 207 Gold

How does one midwife a soul between realms of existence? This talk is an introduction to the Jewish rituals that support the soul and the body between death and burial. Using stories, liturgy, and practical experience, this talk guides the listener to explore that liminal space where death is just a hair-breadth away from your cheek, and you get to feel the holiness of the boundary between life and death. The ritual of taharah will be explained along the way. This holy work of the Chevrah Kadisha allows us to face death and ourselves head-on.

PRESENTATION TITLE: Exploring Our Souls Through Music and Meditation PRESENTER: Micah Caplan TOPIC: Our Bodies/Ourselves

Our soul is the most precious part of our spiritual self. Through the art of melodies, meditations and guided imageries, we will embark on an intense and meaningful journey, touching every part of our being. No requirements are necessary other than being open to our souls being vulnerable to embarking and exploring places where we have never been before. We will sing together, travel together, breathe together and discover places our souls have never been to before.

PRESENTATION TITLE: Failure Is Not An Option

PRESENTER: Steph Hammerman TOPIC: Our Bodies/Ourselves ROOM: MU 241B Ventana

Steph Hammerman's mission is not only to inspire others, but to compel them to action. Drawing from her experience, adapting for everyday tasks and challenges that are commonly taken for granted, Steph discusses the importance of living life to the fullest despite seemingly insurmountable obstacles. With charm and a robust confidence, Steph shares her story and invites listeners to discover, fulfill, and if needed, adapt to a life of purpose. This presentation is being sponsored by Gesher Disability Resources in support of Jewish Disability Awareness & Inclusion Month.

PRESENTATION TITLE: Mapping the Growth of the Jewish-Environmental Movement

PRESENTER: David Krantz TOPIC: Tikkun Olam/Social Justice ROOM: MU 246 Coconino

From pickle makers to bicyclists to farmers to environmental-policy wonks to Yiddishists, learn more about the nascent Jewish-environmental movement. What initiatives are working in the field? Where are they? What are their strengths and challenges? And how can you become involved?

10:15AM-11:15AM



PRESENTATION TITLE: American Jewish Experience

PRESENTERS: Marty Haberer TOPIC: Jewish Experience ROOM: MU 228 Cochise

Understand the Jewish Experience in America as well as a focus on the important contributions the Jews have made to American society. The course will provide some major periods, events and trends of American Jewish Life. It will help to answer the questions:

- How have the people who came before me helped fashion who I am today?
- What can I learn from history so I may put my own stamp on the Jewish future?
- What might I bring to the Jewish community with my own unique contributions of creativity, energy, effort, and activism?
- · What is my legacy to the next generations of Jews?

PRESENTATION TITLE: Einstein and the Rabbi

PRESENTER: Naomi Levy TOPIC: Jewish Experience ROOM: MU 241B Ventana

Join Naomi Levy for a journey into the world of our souls, inspired by correspondence between Albert Einstein and a grieving rabbi. We often get so distracted by life's surface demands and pressures that we rarely take the time to see what's planted deep inside us. By listening to our souls we can uncover our true goodness, our calling, our yearnings, our gifts, yes, and even our greatness. Once we begin listening to our own souls we begin seeing the souls of others, seeing beyond our differences, to the truth that unites us and unites all things.



PRESENTATION TITLE: The Children of Willesden Lane

PRESENTER: Barbara Mark-Dreyfuss TOPIC: Jewish Experience ROOM: MU 226 Graham

In early 1938, Lisa Jura, a young Jewish girl living in Vienna, dreamed that one day she would become a concert pianist. Her dreams were shattered when Nazi troops took over her homeland. She became a refugee, one of about 10,000 children taken to England before World War II as part of the Kindertransport — a mission to rescue children threatened by the Nazis. Her daughter, concert pianist Mona Golabek tells her mother's story through the book, "THE CHILDREN OF WILLESDEN LANE" and by means of a stage performance. Golabeks's message of commitment to one's passion, such as her devotion to music, despite seemingly insurmountable odds, inspires audiences to commit to their own passions.

PRESENTATION TITLE: A New Kind of Heroism

PRESENTERS: Jessica Nutik Zitter TOPIC: Life Cycle ROOM: MU 241A Ventana

Jessica Nutik Zitter has a front row seat to the public health crisis that touches all of us: the default use of technology on the dying. She describes what she calls the "end-of-life conveyor belt," in which mechanization and protocol override personal preference and collaborative decision-making.

Jessica exposes the public health crisis from an insider's perspective, taking us on the journey of her evolving relationship with medicine. Sharing stories of her patients and colleagues, as well as her own inner struggles, she shows us how we all might find a better path to the end of life.



PRESENTATION TITLE: Examining the Changing Social Justice Landscape and Jewish Responses

PRESENTER: Karolyn Benger

TOPIC: Tikkun Olam/Social Justice

ROOM: MU 242 La Paz

The presentation will examine the statements and actions of different progressive groups toward Israel and the Jewish community. We will focus specifically on Linda Sarsour, the Dyke March in Chicago, and the Black Lives Matter statement on Israel. Finally, we will discuss the diverse responses from different Jewish groups.

PRESENTATION TITLE: From This World To The Next: Amazing True Stories About Jewish Burial and the Afterlife PRESENTER: Robin Meyerson TOPIC: Life Cycle ROOM: MU 238 Apache

Robin will share miracle stories from her new book about the afterlife and Jewish burial. The book is a compilation of moving stories about traditional Jewish burial rituals and the afterlife. The stories span the globe and deal with issues of faith, family, loss and love. Given that death is inevitable, this is an important topic about which to better educate ourselves. The stories comfort the Jewish soul and are miraculous and evocative that speak to the delicate matter of burial and ensuring eternal life and peace for our loved ones who have gone before us. The stories are inspiring and enlightening.

PRESENTATION TITLE: How to Raise a Mensch

PRESENTER: Larry Waldman TOPIC: Life Cycle ROOM: MU 236 Mohave

Raising a responsible child is a major goal for parents--and grandparents. In this seminar Larry Waldman will discuss basic, proven behavior management concepts and will emphasize how parents and grandparents can teach children to become responsible, caring adults. Common life examples will be used.

PRESENTATION TITLE: Immigrant Accomplishments: The Roles of our Parents and Grandparents in America PRESENTER: Leon Gildin TOPIC: Jewish Experience ROOM: MU248 Rincon

The accomplishments of the Yiddish speaking immigrants who came to this country starting in the late 19th century to the early 20th century added more to the social ,literary, artistic, business, organizational and political scene in America than any other immigrant group.

PRESENTATION TITLE: Chair Yoga

PRESENTER: Amy Tyre TOPIC: Our Bodies/Ourselves ROOM: MU 207 Gold

Come experience a gentle yoga practice seated in a chair. Appropriate at any age, learn relaxation techniques that you can use at your desk, traveling or any time you need a lift. Boost your energy, decrease your stress response, build bone mass, increase your range of motion, build strength, foster good posture and build core stability for better balance. Quiet your mind and ignite your inner luminosity. Come away feeling refreshed and renewed with an increased overall feeling of well-being. Open to everyone.

PRESENTATION TITLE: Seeing Genesis Through Fresh Eyes

PRESENTER: John Linder TOPIC: Sacred Texts ROOM: MU 241C Ventana

John Linder will draw from the newly published book by preeminent scholar David H. Aaron, entitled Genesis Ideology: Essays on the Uses and Meanings of Stories. As former President of Hebrew Union College-Jewish Institute of Religion, David Ellenson writes about this book, "On very rare occasions a book appears that screams, 'Read me!'" Rabbi Linder will provide a glimpse, through Dr. Aaron's eyes, how the Book of Genesis helped Jews create the basis for solidarity even in the face of hostile historical circumstances. Perhaps we can strengthen that solidarity today through the insights of Dr. Aaron's new book.

PRESENTATION TITLE: Mosaic Jewish Star Mandela

PRESENTERS: Morrine Maltzman TOPIC: Arts & Culture ROOM: MU 240 Navajo

Make your own mosaic art piece. A Jewish Star using colorful glass, gems, metals and other found objects. You will leave with a completed piece of art you can hang or display in your home.

This is a 2-hour class. Materials fee is \$20 per student. Class is limited to first 12 people who pay at check-in at Limmud AZ on Sunday morning, February 11.

PRESENTATION TITLE: Comic Mishna Making

PRESENTER: Jessica Deutsch TOPIC: Arts & Culture ROOM: MU 246 Coconino

Comic Mishna Making - Curious to create your own Jewish comics but just don't quite know where to begin? Learn the art and thought process behind the creation of contemporary 'sefer' making. In chavruta style we will create our own comics based on selected passages from the mishna. We will discuss the balance of creating fresh relevant sources, while remaining true to the text. Skills such as sketching your vision & comic story layouts will be shared. Zero art or prior mishna studies required to join.

11:30AM-12:30PM



ROOM: MU 226 Graham

PRESENTATION TITLE: The Creation of the Illustrated Ethics of Limmud AZ Zine

PRESENTER: Jessica Deutsch TOPIC: Arts & Culture ROOM: MU 246 Coconino

Have you ever thought you had an idea worthy of being placed in a mishna? Join in taking part in creating the very first Ethics of the Limmud AZ Participants Zine! We will explore the different approaches the sages took in phrasing their teachings, workshop our own ideas, and consider what values should be a priority to have in a mishna made in 2017. Each participant will be given a 'daf' (page of sacred text) to create, and by the end of the session we will gather our teachings into an actual 'sefer' through zine making techniques.

PRESENTATION TITLE: Two Homelands: The Poetry of Leah Goldberg PRESENTER: Emily Langowitz TOPIC: Arts & Culture

Leah Goldberg is one of the earliest female writers to publish Hebrew poetry, and she grew to be a prolific author, poet, and influence in the world of Hebrew literature. Her artistry is all the more powerful given that, born in Konigsburg (then East Prussia) in 1911, Hebrew was not her first language. We will be looking at some of her pieces and the way she expresses that pull between her country and language of origin and her country and language of choice. Her poetry continues to speak to the experience modern Jews have of navigating various identities along with their Jewishness, and her poetry will open us up to discussing our own lives.

PRESENTATION TITLE: Being Mortal

PRESENTER: Elana Kanter TOPIC: Jewish Learning ROOM: MU 241C Ventana

Atul Gawande, a Harvard surgeon, wrote a groundbreaking book on aging and dying in the United States. This small book has revolutionized the conversation on aging, and showed us how we can do better for our elderly and ourselves. We'll talk about some of his major insights, and the questions we need to confront for ourselves and our loved ones. We'll look at his ideas in the context of Jewish values, and explore how all of this fits with the spirit of Jewish tradition. (You don't have to have read the book, but you'll get more out of the session if you do.)

PRESENTATION TITLE: Jews Living in Poverty

PRESENTER: Hershl Weberman TOPIC: Tikkun Olam/Social Justice ROOM: MU 238 Apache

Recently my laptop was stolen and a friend mentioned "oh you can get fully loaded computers for only \$200." My heart sank. \$200 is a lot of money for me at this time. Going to dinner with friends and even if they offer to pay half — all those "halves" add up. I usually sit and watch. There is an assumption that everyone is at a similar middle class level. This session is for us Jewish poor to get together and discuss among ourselves as to how to deal with our plight. Should we broadcast - tell everyone, so the community becomes aware of how many we are? Or not let anyone know of our plight? This session will be confidential.

PRESENTATION TITLE: Prayer for the People

PRESENTER: Naomi Less TOPIC: Sacred Texts ROOM: MU 241B Ventana

Using experiential methods, Naomi creates a text study that opens the heart and mind to the relevance of ancient Jewish texts.

PRESENTATION TITLE: Rocking the Gray or Re-Imagining Aging: Six Things You Must Do Before 92

PRESENTER: Iris Krasnow TOPIC: Life Cycle ROOM: MU 241A Ventana

Iris Krasnow takes her class on a journey offering prescriptive strategies to maximize personal and professional fulfillment during the last lap of life — which is lasting longer than ever! Persons in their nineties are the fastest growing segment of the aging population. A bestselling author of relationship and empowerment books, Krasnow teaches us how to create fresh starts at every age, and how to tackle bucket list with urgency and success.

PRESENTATION TITLE: Unlocking Our Jewish Genetic Footprint and FREE GENETIC TESTING

PRESENTER: Wendy Carriere TOPIC: Life Cycle ROOM: MU 224 Gila

Take a journey with us from the past into the future with your DNA as a guide. We will talk about how your Jewish heritage may make you more susceptible to certain gene mutations and how it is possible to avoid passing on a tragic disease to your children and grandchildren.

We will be offering FREE genetic testing throughout the day at the conference for those people between the ages of 18-45. Please go to www.jewishgeneticsphx.org to pre-register. Testing is done with a take home saliva kit and the whole process takes under 20 minutes to complete. Don't miss your opportunity to get screened!

PRESENTATION TITLE: Jewish Wisdom For Stress Free Parenting

PRESENTERS: **Greg Marcus** TOPIC: **Sacred Texts** ROOM: **MU 242 La Paz**

As parents, we are constantly challenged by our kids. Whether we find ourselves making the same mistakes our parents made, overcompensating for the mistakes our parents made, or just trying to get by in this crazy overscheduled world, parenting is stressful. Come to this highly interactive session to learn one thing you can do right now to become more present, stress less, and love more. Whether you are a stay-at home parent, working parent, or a parent of adult children, you'll walk away feeling empowered by Jewish Wisdom to make things better for yourself and your family.

PRESENTATION TITLE: Return to Hospitality

PRESENTERS: Mindie Snyder TOPIC: Sacred Texts ROOM: MU 228 Cochise

Continuing the introduction to Jewish hospitality as an enriching and enlivening enterprise, ancient in its origins, timeless in its relevance, beautifully subversive-defying gravity and common fears.

PRESENTATION TITLE: Investing Your Money - The Ultimate Guide to ROI on your Charity Contributions PRESENTATION TITLE: Investing Your Money - The Ultimate Guide to ROI on your Charity Contributions TOPIC: Tikkun Olam/Social Justice ROOM: MU 248 Rincon

We all get solicited for donations to many great causes. How do we decide where we give our charity? This presentation will provide the fundamental tools to assist you in this challenging process, leaving you empowered in your decision making.

12:30PM-1:30PM LUNCH ARIZONA ROOM

1:30PM-2:30PM

PRESENTATION TITLE: Dance Fusion Israeli Folk Dancing

PRESENTER: Linda Simon TOPIC: Arts & Culture ROOM: MU 207 Gold

The joy and expression through dance is in the hearts and souls of all Jews. Learn this wonderful form of historical Israeli Folk Dancing in a group setting. Dance in lines, circles, feel the energy of pure happiness with Tali, Jessica, Nancy and Zohar.

PRESENTATION TITLE: Seasons of Cards

PRESENTER: Michelle Adler, Chelsey Keller, Jacqueline Ober TOPIC: Arts & Culture ROOM: MU 240 Navajo

The Jewish year follows the lunar calendar - and in that comes seasons! Join us for a hands-on workshop session where you will learn some fun crafting styles to create beautiful cards for Jewish holidays. In this session, we will focus on card ideas and inspiration for Rosh Hashanah, Passover, Tu B'Av, and Hanukkah. Hand-lettering, stamping, paper crafting and more will await you!

Please note: This class remains free and supplies are donated by the presenters. We ask that participants strongly consider a donation back to LimmudAZ in lieu of a workshop fee.

PRESENTATION TITLE: Military Life Through the Lens of Israeli Cinema

PRESENTER: Eran Vaisben TOPIC: Israel ROOM: MU 228 Cochise

In many ways, Israeli culture serves as a barometer of society. Since military service is an integral part of society, the Israeli film industry has produced many movies about the daily lives and dilemmas of soldiers serving in the Israeli Defense Forces (IDF). Join Jewish educator Eran Vaisben as we watch scenes from a sampling of films (both drama and comedy) and discuss how the filmmakers portray the IDF and the character of the Israeli soldier.

PRESENTATION TITLE: Einstein and the Rabbi

PRESENTER: Naomi Levy TOPIC: Jewish Experience ROOM: MU 241B Ventana

Join Rabbi Naomi Levy for a journey into the world of our souls, inspired by correspondence between Albert Einstein and a grieving rabbi. We often get so distracted by life's surface demands and pressures that we rarely take the time to see what's planted deep inside us. By listening to our souls we can uncover our true goodness, our calling, our yearnings, our gifts, yes, and even our greatness. Once we begin listening to our own souls we begin seeing the souls of others, seeing beyond our differences, to the truth that unites us and unites all things.



PRESENTATION TITLE: How the 'Old Country' Worked

PRESENTER: Dean Shapiro TOPIC: Jewish Experience ROOM: MU 226 Graham

The shtetl is emblematic of Ashkenazic life, yet most of us only know about it from Fiddler on the Roof and, perhaps, a few stories from grandparents or great grandparents. These are hardly reliable sources. Why and when did Jews move to the area? How were communities — and work — organized? How did geo-politics impact the lives of the Jews in the region? Why was Poland once considered a pinnacle of Jewish life and culture? In this session, we'll consider the historical, economic, and social realities of Ashkenaz — now primarily Poland, Lithuania, & Russia, from which so many of our ancestors hailed.

PRESENTATION TITLE: A New Kind of Heroism

PRESENTER: **Jessica Nutik Zitter** TOPIC: **Life Cycle** ROOM: **MU 241A Ventana**

Jessica Nutik Zitter has a front row seat to the public health crisis that touches all of us: the default use of technology on the dying. She describes what she calls the "end-of-life conveyor belt," in which mechanization and protocol override personal preference and collaborative decision-making. Jessica exposes the public health crisis from an insider's perspective, taking us on the journey of her evolving relationship with medicine. Sharing stories of her patients and colleagues, as well as her own inner struggles, she shows us how we all might find a better path to the end of life.

PRESENTATION TITLE: Anecdotes of The Afterlife

PRESENTER: Sandy Rife TOPIC: Life Cycle ROOM: MU 241C Ventana

Do Jews believe in the Afterlife? The Rabbis say 'Yes'. Is it possible that those who have died can connect, in oneway or another, with those still living? Can these 'visits' or 'signs' we receive from those we've lost be real, or simply amazing and often timely coincidences? Together we'll explore real life accounts of unbelievable experiences, and have some time for open discussion.

PRESENTATION TITLE: Million Dollar Baby: Raising a Child with Gaucher Disease

PRESENTER: Rosalie Borovetz, Betsy Simon TOPIC: Life Cycle ROOM: MU 248 Rincon

Together, this mother-daughter team will explore the multiple experiences of growing up with Gaucher Disease from a two generational perspective, including discussion of issues around diagnosis, parenting a child with a chronic genetic disorder, and the challenges of growing up with Gaucher Disease.

PRESENTATION TITLE: Seeing Fear as a Gift

PRESENTER: Amy Tyre TOPIC: Our Bodies/Ourselves ROOM: MU 246 Coconino

What such a man needs is not courage but nerve control, cool headedness. This he can get only by practice."

- Theodore Roosevelt

ROOM: MU 242 La Paz

Easier said than done. The yoga tradition teaches us how. Much more than physical poses, yoga is about cultivating a calm clear tranquil mind to alleviate suffering and allow us to live our life purpose. One key element that holds us back is fear. Come learn what happens in our mind and body when we're afraid, and how to begin to change our response, relieve suffering and live a happier fuller life.

PRESENTATION TITLE: All We Ever Need

PRESENTER: Tracee Rosen TOPIC: Sacred Texts ROOM: MU 238 Apache

If someone were to offer to bless you, what kind of blessing would you want? Just what is it you need to become your best self? Health, shelter, prosperity, intellectual stimulation, an inner spiritual life, or something completely different? Using Maslow's Hierarchy of Needs, we will compare it to a Torah text that incorporates these ideas and more. We will come away with a deeper understanding of an ancient formula that will add greater riches to our spiritual lives.

PRESENTATION TITLE: Healing The Political Divide Through Mussar PRESENTER: Greg Marcus TOPIC: Sacred Texts

The Talmud teaches that Rabbi Akiva had 12,000 pairs of disciples who all died within a short period of time because they did not respect each other. Is our country headed for the same fate? The political divide in this country today is a spiritual crisis of the first order. Come to this highly interactive session to learn how you can become part of the solution by practicing the Soul Trait of Honor (Kavod).

PRESENTATION TITLE: Pirkei Imahot: The Wisdom of Mothers, the Voices of Women, An Interactive Exploration PRESENTATION TITLE: Pirkei Imahot: The Wisdom of Mothers, the Voices of Women, An Interactive Exploration PRESENTATION TITLE: Pirkei Imahot: The Wisdom of Mothers, the Voices of Women, An Interactive Exploration PRESENTATION TITLE: Pirkei Imahot: The Wisdom of Mothers, the Voices of Women, An Interactive Exploration PRESENTATION TITLE: Pirkei Imahot: The Wisdom of Mothers, the Voices of Women, An Interactive Exploration PRESENTER: Eve Posen. Lois Shenker TOPIC: Sacred Texts

What can a 35 year old rabbi and an 80 year old educator learn from each other? Based on our book, Pirkei Imahot: Wisdom of Mothers, Voices of Women, our presentation will look at some of the classic texts of Pirkei Avot and discuss their modern implications for our modern world. Pirkei Avot, a core Jewish text, was written by men in 250 CE.

PRESENTATION TITLE: Rabbi Shlomo Carlebach - His Music and teachings PRESENTER: Sarah Leah Grafstein TOPIC: Arts & Culture

PRESENTER: Sarah Leah Grafstein TOPIC: Arts & Culture ROOM: MU 224 Gila

Rabbi Shlomo Carlebach is considered the most influential composer of Jewish religious music of the 20th century and a progenitor of the modern neo-Hasidic renaissance.

Are you ready for a deep spiritual experience? Join us for this unique opportunity to experience Reb Shlomo's Torahs, stories and music. It will take you deeper and higher! **Please note: This is a 2-hour class.**

2:45PM-3:45PM

PRESENTATION TITLE: Music and Story-Share with Naomi Less

PRESENTER: Naomi Less TOPIC: Arts & Culture ROOM: MU 241C Ventana

Delve with Naomi into the inspiration behind the music as she shares life journeys that were the impetus for many of the songs she has written.

PRESENTATION TITLE: Crossing the Desert for 40 Years into the Promised Land: Canaan, Israel and Arizona

PRESENTER: Michael Weil

TOPIC: Israel

ROOM: MU 246 Coconino

How did the Hebrews survive in the desert (food, water, shelter, trading and the Tabernacle)? Should Moses have turned North or South at Mount Sinai? Preserving natural resouces in ancient times through Shemittah, Yovel and other commandments. Respecting agriculture with harvest festivals and tithes. And the stories of Abraham, Joseph and Boaz.

PRESENTATION TITLE: The Lone Soldier/IDF Experience

PRESENTER: Jake Bennett, Michael Cohen TOPIC: Israel ROOM: MU 228 Cochise

This will be a collaborative presentation between the Chair of a Lone Soldier Project which supports the needs of active duty Lone Soldiers, and a local community leader who is a Lone Soldier IDF veteran. The session will involve oral presentations, as well a power points and videos. Interaction with the audience will be encouraged.

PRESENTATION TITLE: Transforming Foes into Friends

PRESENTER: Pinchas Allouche TOPIC: Jewish Learning ROOM: MU 241A Ventana

Do you have a challenging and tension-filled relationship with someone? Join us and delve into Judaism's revealing approach on how to deal with difficult people and how to use EVERY encounter as an opportunity for meaning and growth.

PRESENTATION TITLE: Making Love Last Forever

PRESENTER: Iris Krasnow TOPIC: Life Cycle ROOM: MU 241B Ventana

Iris Krasnow's books on marriage, "The Secret Lives of Wives" and "Surrendering to Marriage" were both bestsellers owed to their wit, wisdom and hard-core advice on how to keep our marriage vows — "til death do us part" — without killing someone first! A popular public speaker and guest on morning shows, Krasnow did a Ted Talk on this subject last year to be viewed here: https://www.youtube.com/watch?v=8yQbgDQ5w8Y

PRESENTATION TITLE: Whose Life Is It Anyways?

PRESENTER: Alissa Zuchman TOPIC: Life Cycle ROOM: MU 242 La Paz

A look at matters of life and death and how Judaism answers the questions that make us all uncomfortable. Should we pull the pull plug on a comatose patient? What value does Judaism put on the life and how do we balance modern medical advancements like stem cell research, cloning with our moral and ethical ideals.

PRESENTATION TITLE: Yes, You Can

PRESENTER: Livia Spitz Steingart TOPIC: Our Bodies/Ourselves ROOM: MU 238 Apache

Have you ever thought about changing your life, renewing your life? The Torah is about being proactive and doing. The heroes in the Torah, such as Abraham, Sarah, and Moses did actions to move ahead and make a difference in their lives and those around them. With the inspiration of Jewish learning, Livia has written a book, Life from A-Z, 20 Minutes a Day: Your Guide to Creating a Better You. She has techniques and instructions that are individualized, practical steps to facilitating you for that life change.

PRESENTATION TITLE: Yoga Meets Dance - Israeli Style

PRESENTER: Rebecca Wolf TOPIC: Our Bodies/Ourselves ROOM: MU 207 Gold

Set your body, mind and spirit free! Stretch, breathe, move, and groove into blissful, healing, restorative relaxation. Yoga Meets Dance uniquely combines guided and free dance, gentle yoga, movement therapy, mindfulness meditation, guided relaxation, and heart-warming community interaction suitable for all levels in one wildly fun, powerfully transformational, easy-to-do class. You will leave feeling open-hearted, uplifted, and renewed. We will be stretching and dancing to beautiful Israeli music. Bring a towel or yoga mat!

PRESENTATION TITLE: An Approach To The Jewish Legal Process

PRESENTERS: Nate Crane TOPIC: Sacred Texts ROOM: MU 226 Graham

Utilizing the $h\alpha l\alpha kh\alpha$ (Jewish laws) of adoption as a vehicle to understanding the Jewish legal process, we will explore the ways in which Jewish law reflects the process of constitutional law.

PRESENTATION TITLE: The Imperative of Community: Lessons from Honi the Circle Drawer

PRESENTER: Tracee Rosen TOPIC: Sacred Texts ROOM: MU 240 Navajo

The tales of Honi the Circle Drawer are about a rabbi who lived in the 1st century BCE and had the ability to pray for rainfall in drought stricken areas. He is taught about paying it forward by an old man who plants a carob tree that won't give fruit for 70 years. He is the subject of children's books and *Tu Bishvat* stories. But viewed through a more critical lens, his stories from the Talmud have profound lessons about creating, sustaining, and staying part of sacred community, that has something to teach everyone.

PRESENTATION TITLE: What is Mussar?

PRESENTERS: Bonnie Koppell TOPIC: Sacred Texts ROOM: MU 236 Mohave

What are the character traits to which we should aspire? Generosity? Humility? Equanimity? Compassion? Let's explore this century's old spiritual technology for developing our own ethical sensitivity. Ancient wisdom for contemporary challenges.

PRESENTATION TITLE: Jews in the Mexican Inquisition

PRESENTER: Marcia Fine TOPIC: Jewish Experience ROOM: MU 224 Gila

Marcia Fine shares her research about those who were forced to convert or flee in order to practice their faith. Where did Jews go when they were expelled in 1492 from Spain? How did they survive? In order to keep their faith, Conversos had to lie, remain secretive, hide books, alter actions outside their home and commit crimes against the state punishable by death. In her recent novel HIDDEN ONES—A Veil of Memories, Fine explores a family's plight in Mexico as they plan to escape the Inquisition. With an accurate Powerpoint presentation, she tells the story of their journey through the Americas.





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SCHEDULE AT A GLANCE

MU 236 MOHAVE

9:00 am	So Far And Yet So Close	Wasserman
10:15 am	How to Raise a Mensch	Waldman
1:30 pm	Pirkei Imahot: The Wisdom of Mothers, the Voices of Women, An Interactive Exploration	Posen/Shenker
2:45 pm	What is Mussar?	Koppell

MU 228 COCHISE

9:00 am	OK, Let's Argue: Understanding the Other Side of Controversies in the Jewish Communit	y Kaufman
10:15 am	American Jewish Experience	Haberer
11:30 am	Return to Hospitality	Snyder
1:30 pm	Military Life Through the Lens of Israeli Cinema	Vaisben
2:45 pm	The Lone Soldier/IDF Experience	Bennett/Cohen

MU 238 APACHE

9:00 am	18 Things About Judaism I Learned From Watching FRIENDS	Dorn
10:15 am	From This World To The Next: Amazing True Stories About Jewish Burial and the Afterlife	Meyerson
11:30 am	Jews Living in Poverty	Weberman
1:30 pm	All We Ever Need	Rosen
2:45 pm	Yes, You Can	Steingart

MU 224 GILA

9:00 am	Navigating the Holidays: Interfaith Families in Dialogue	Rubenstein
11:30 am	Unlocking Our Jewish Genetic Footprint and FREE GENETIC TESTING	Carriere
1:30 pm	Rabbi Shlomo Carlebach - His Music and Teachings	Grafstein
2:45 pm	Jews in the Mexican Inquisition	Fine

MU 246 COCONINO

9:00 am	Mapping the Growth of the Jewish-Environmental Movement	Krantz
10:15 am	Comic Mishna Making	Deutsch
11:30 am	The Creation of the Illustrated Ethics of Limmud AZ Zine	Deutsch
1:30 am	Seeing Fear as a Gift	Tyre
2:45pm	Crossing the Desert for 40 Years into the Promised Land: Canaan, Israel and Arizona	Weil

MU 240 NAVAJO

10:15 am	Mosaic Jewish Star Mandela	Maltzman
1:30 pm	Seasons of Cards	Adler/Keller/Ober
2:45 pm	The Imperative of Community: Lessons from Honi the Circle Drawer	Rosen

MU 242 LA PAZ

9:00 am	Choices -The True Story of One Family's Daring Escape to Freedom	Laufer
10:15 am	Examining the Changing Social Justice Landscape and Jewish Responses	Benger
11:30 am	Jewish Wisdom For Stress Free Parenting	Marcus
1:30 pm	Healing The Political Divide Through Mussar	Marcus
2:45 pm	Whose Life Is It Anyways?	Zuchman

SCHEDULE AT A GLANCE

MU 241A VENTANA

9:00 am	President Truman and the Creation of Israel: A Troubled Journey	Roth
10:15 am	A New Kind of Heroism	Zitter
11:30 am	Rocking the Gray or Re-Imagining Aging: Six Things You Must Do Before 92	Krasnow
1:30 pm	A New Kind of Heroism	Zitter
2:45 pm	Transforming Foes into Friends	Allouche

MU 241B VENTANA

9:00 am	Failure Is Not An Option	Hammerman
10:15 am	Einstein and the Rabbi	Levy
11:30 pm	Prayer for the People	Less
1:30 pm	Einstein and the Rabbi	Levy
2:45 pm	Making Love Last Forever	Krasnow

MU 241C VENTANA

9:00 am	Helping "Boomers" with Difficult Family Conversations	Silverstein/Waldman
10:15 am	Seeing Genesis Through Fresh Eyes	Linder
11:30 am	Being Mortal	Kanter
1:30 pm	Anecdotes of The Afterlife	Rife
2:45 pm	Music and Story-Share with Naomi Less	Less

MU 226 GRAHAM

9:00 am	Sex, Death, and Tachrichim	Light
10:15 am	The Children of Willesden Lane	Mark-Dreyfuss
11:30 am	Two Homelands: The Poetry of Leah Goldberg	Langowitz
1:30 pm	How the 'Old Country' Worked	Shapiro
2:45 pm	An Approach To The Jewish Legal Process	Crane

MU 248 RINCON

9:00 am	DEFCON	Apelas
10:15 am	Immigrant Accomplishments: The Roles of our Parents and Grandparents in America	Gildin
11:30 am	Investing Your Money - The Ultimate Guide to ROI on your Charity Contributions	Bolel
1:30 pm	Million Dollar Baby: Raising a Child with Gaucher Disease	Borovetz/Simon
2:45 pm	Jews and the Mexican Inquisition	Fine

MU 207 GOLD

9:00 am	Exploring Our Souls Through Music and Meditation	Caplan
10:15 am	Chair Yoga	Tyre
11:30 am	Two Homelands: The Poetry of Leah Goldberg	Langowitz
1:30 pm	Dance Fusion Israeli Folk Dancing	Simon
2:45 pm	Yoga Meets Dance - Israeli Style	Wolf

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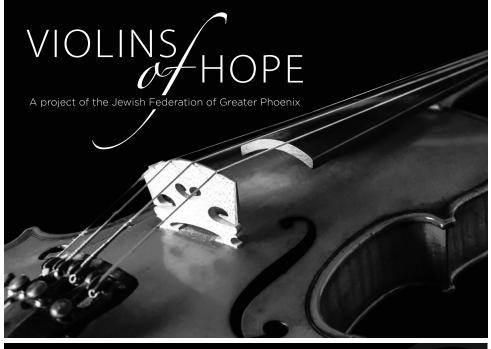
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Women's jewish learning center

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ADLER, MICHELLE

Michelle loves helping people connect - with others, with community and with themselves. She values creativity and this passionate lens extends to her full-time career in real estate. As a team member of THE ADLERS at Arizona Best Real Estate, Michelle connects well with others and values those authentic relationships.

ALLOUCHE, PINCHAS

Pinchas Allouche, respected and beloved, is a sought-after lecturer, and author of essays on Jewish faith, mysticism and social-criticism. Rabbi Allouche founded Congregation Beth Tefillah in Scottsdale, Arizona, a thriving congregation of 400+ families. Culturally diverse, he was born in France, and has lived in South Africa, Israel and Italy and is fluent in English, Hebrew, French and Italian. He received his rabbinic ordination in Milan, Italy in 1999 and has an impressive academic pedigree. Rabbi Allouche was listed in *The Forward* as "One of America's 36 Most Inspiring Rabbis - Who Are Shaping 21st Century Judaism."

APELAS, MOSHE

Moshe Apelas is a software & UPS (Uninterruptible Power Systems) engineer. While serving in US Air Force, he developing flight planning & aircraft route forecasting software. He also served as a Jewish chaplain at Offutt Air Force Base.

BENGER, KAROLYN

Karolyn Benger is the Executive Director of the Jewish Community Relations Council. The organization fosters education, dialogue, and advocacy within and outside of the Jewish community to strengthen our collective voices for justice and humanitarian causes. A graduate of Emory University with a degree in Political Science, specializing in the Middle East, she speaks on Democratization in the Middle East, Social Movements, Women in Islam, and Islamist organizations. She has publications in Kveller, North Shore Children and Families, Times of Israel, and Binah and has taught at Emory University, Georgia Tech, and Emerson College.

BENNETT, JAKE

Jake Bennett is a Financial Advisor with Edward Jones Investments, a former hedge fund stock analyst and founder and former CEO of Numa Tactical. Jake was a Lone Soldier in the IDF, and served as a combat solider in a forward-operating infantry unit from 1999-2001. He is the Chair of Phoenix Federation's Israel and Overseas Committee, President of the Grand Canyon State Caucus, a AIPAC Council member, and Board member of the Bureau of Jewish Education. Jake served as Arizona Regional Director for ADL in 2015-2016.

BOLEL, LEIB

Leib Bolel has led non-profit and for-profit organizations for over a decade, serving in the pulpit, in lay leadership positions in leading and building communities.

BOROVETZ, ROSALIE

Rosalie learned of Gaucher when her younger child, Betsy, was diagnosed in 1982. Inspired by the help she received, Rosalie became a Gaucher Disease mentor. Rosalie has a Master's Degree in Social Work, with 24 years of experience in medical and managed care settings.

CAPLAN, MICAH

With long-standing ties to the Phoenix community, Micah Caplan became Congregation Or Tzion's rabbi in July 2010. Under Rabbi Caplan's leadership, Or Tzion community has grown from 110 to 500 families. His vision is creating a place of learning, sharing and celebrating Jewish living together as a *Kehillah Kedoshα* – a holy community. He is known for his warm, personal outreach.

CARRIERE, WENDY

The Jewish Genetic Diseases Center provides and promotes awareness, knowledge, and screening to empower individuals in the Jewish Community to make informed decisions regarding genetic diseases. The Center's vision is a Jewish Community free of genetic diseases.

COHEN, MICHAEL

Michael Cohen is a semi-retired Behavioral Developmental Pediatrician. He serves as the chair of the Friends of Israel Committee at the Sun Lakes Jewish Congregation. He also chairs The Lone Soldier Project which supports the needs of those on active duty and to raise community awareness.

CRANE, NATE

Nate Crane, Associate Rabbi of Congregation Or Tzion, is recipient of the New CAJE Young Professional Fellowship, Jewish United Fund of Metropolitan Chicago's Best Practices in Jewish Education Grant, Harold Grinspoon Foundation's PJ Library Grant, and participated in the inaugural cohort of the AIPAC-Lefell Fellowship. He was awarded a Start Me Up! Fellowship. In November 2017, Nate presented the first reading of a teshuvah (Jewish legal ruling) crafted on the laws of Jewish statutory adoption with an accompanying adoption ritual to the Committee on Jewish Laws and Standards, the Conservative Movement's central authority on Jewish law and practices.

DEUTSCH, JESSICA

Jessica Tamar Deutsch is a New York-based visual artist whose work explores the intersection of Jewish spirituality and contemporary culture. Jessica earned her BFA in illustration from Parsons School of Design. Her first published book, The Illustrated Pirkei Avot, is available in print.

DORN, MEGHAN

Meghan Dorn is program director for Valley Beit Midrash and co-founder of Madams at the Well, a Rosh Hodesh group for women in their 20s, 30s and 40s. Meghan graduated from Arizona State University and in 2009 was asked to serve as a founding board member of the Arizona State University Young Alumni. In 2016, she completed the inaugural cohort of 50 Women Can Change the World, a leadership program through Take the Lead Women. She began participation in the third cohort of the Women's Jewish Learning Center's Women's Leadership Institute in 2017.

FINE, MARCIA

Award-winning author and speaker Marcia Fine has written seven novels. Her novel, HIDDEN ONES released in 2017, examines Conversos in Mexico during the Inquisition. It has won First Prizes in the categories of Historical Fiction and Multicultural as well as Honorable Mention from AZ Authors. Marcia has a BA from Florida State University and a Masters from Arizona State University.

GILDIN, LEON

Leon Gildin lived through the Golden Age of Yiddish secularism in America. This great wave of Eastern European immigration stretched from late-19th century to mid-20th century. Yiddish was so commonly spoken that If parents didn't want their children to understand something, they spoke Russian. Leon graduated Yiddish Folk Shul and a Mittl Shuls and attended Yiddish organizational camp. He is a veteran and practiced law in New York City for 43 years. He is the author of the new novel, *The Polski Trilogy*.

GRAFSTEIN, SARAH LEAH

Sarah Leah Grafstein's spiritual journey includes study in many directions Chassidut and Kabbalah; fine art, printmaking, Jewish calligraphy and videography. In 1986 she was honored as an "Eshet Chazon - Woman of Vision". In 1987 she was the third woman rabbi ordained by Reb Zalman Schachter Shalomi zal. In Arizona, she founded Ruach Hamidbar, a vibrant Jewish Renewal community. She is a spiritual guide; ritual artist; and sacred space and alter designer. She is the producer of a growing multi-volume DVD library on Jewish Renewal. Currently, she is completing a feature documentary on Jewish revival that will include Reb Shlomo zal.

HABERER, MARTY

Marty Haberer is the Executive Director of the Jewish Federation of Greater Phoenix for the last $2^{1}/_{2}$ years. In 32 years, his professional Jewish journey has taken him and his family to New York, New Jersey, Cincinnati, Detroit, Sarasota, FL. Marty has been to Israel 40 times and has traveled the world anywhere Jewish communities reside, among them, Ethiopia, The Former Soviet Union, Poland, Hungary, France, and Jordan.

HAMMERMAN, STEPH

Steph Hammerman lives with cerebral palsy; she found her passion for Crossfit in 2012. As a competitive hand cyclist, she used Crossfit to become a stronger cyclist. In 2013, Steph became the first female Crossfit trainer with cerebral palsy, and holds a Level 2 certification. She helped establish large community events as Adaptive Division for The WODAPALOOZA Fitness Festival and WheelWOD Adaptive Open. As a WheelWOD coach she will help athletes achieve goals they thought impossible. Her goal is to motivate new athletes to dream bigger.

KANTER, ELANA

Elana Kanter is a rabbi who serves as founder and director of the Women's Jewish Learning Center and co-Rabbi of The New Shul. She is one of the founders of Limmud AZ. Her teaching spans literature, text and social issues. She has depth and insight when leading discussions and is recognized as an outstanding teacher. In collaboration with PJ Library, she founded the Women's Leadership Institute, training, supporting and encouraging its third cohort of women 25-45 to take active roles in the Valley Jewish community.

KAUFMAN, KENNY (YITZCHAK)

Kenny Kaufman founded and directs KULANU. He has served as a campus and community rabbi, teacher, school principal, college administrator, social worker, and program organizer for all ages and backgrounds. He promotes Jewish learning and rejoicing through classes, celebrations, concerts, Kosher camping, retreats, seminars, and social service. Various organizations (including Jewish, Christian, Muslim, secular, and universities) have hosted him as a speaker and scholar-in-residence for *Shabbatonim* and retreats, interfaith and multi-ethnic programs, ethics lectures, classes, seminars, and civic events. He values unity and diversity, and chesed and social responsibility.

KELLER, CHELSEY

Chelsey grew up in London and moved to Phoenix in 2004. In addition to working at the Desert Botanical Gardens, she taught at Congregation Or Tzion and found a love for teaching. Chelsey then taught herself calligraphy and hand lettering. She now teaches others at PaperSource and leads private workshops.

KOPPELL, BONNIE

Bonnie Koppell serves as the Associate Rabbi of Temple Chai, where she directs the Deutsch Family Shalom Center. Rabbi Koppell retired from the US Army Reserve in 2016 as Colonel after a 38-year career. She was the first female rabbi in the US military. Adult learning is a special passion for her: her teaching includes Limmud; a weekly, in-depth Torah study class; Introduction to Judaism; Adult B'nai Mitzvah program; Seeking Everyday Holiness; and Wise Aging.

KRANTZ, DAVID

David Krantz runs the environmental nonprofit, Aytzim: Ecological Judaism, parent organization of Jewcology.org, the Green Zionist Alliance, and Shomrei Breishit: Rabbis and Cantors for the Earth. He is a National Science Foundation IGERT Fellow and Wrigley Fellow researching solar-energy policy and faith-based environmentalism at Arizona State University's School of Sustainability. David serves on the Boards of Directors of Interfaith Moral Action on Climate, Arizona Interfaith Power & Light and American Zionist Movement; in the founding team of Interfaith Oceans. He was a leadership fellow at the Coalition on the Environment and Jewish Life and a global-justice fellow at American Jewish World Service.

KRASNOW, IRIS

Iris Krasnow is a bestselling author of relationship books and a popular keynote speaker on "generational angst," or the issues we face through the aging process. She's been featured on Oprah, $Good\ Morning\ America$, $Today\ and\ CNN$.

LANGOWITZ, EMILY

Emily Langowitz joined the Temple Solel community in July 2017 as assistant rabbi. She received a Masters of Hebrew Letters and was ordained at Hebrew Union College-Jewish Institute of Religion in 2017. She completed a Bachelor's degree in Modern Hebrew at Yale University. Emily served a variety of communities, organizations, and congregations while in rabbinical school. She is driven by her commitment to joyful exploration of Jewish learning, building a community of deep relationships, and the pursuit of interfaith partnerships and social justice.

LAUFER, JUDY

J.E. Laufer is an educator and an award-winning author, who immigrated to North America from Hungary as a very young child. Holding a Bachelor of Arts degree in child development and a teaching certificate from Concordia University in Montreal, Canada. Judy has spent more than 25 years in the field education.

LESS, NAOMI

Naomi Less (Lab/Shul Founding Worship Leader and Associate Director) in an internationally celebrated singer/musician, composer, ritualist, activist/educator, and radio host (Jewish Rock Radio's "Jewish Women Rock Show"). Musical, educational and spiritual training from JTS Davidson School, Institute for Jewish Spirituality, ChangeCraft (formerly Center for Leadership Initiatives) and Northwestern University. Currently, Naomi is co-creating a multidisciplinary traveling performance piece based on narratives of fertility journeys and challenges (Uprooted: A Jewish Response to Fertility Journeys and the In(HEIR)itance Project. The show will premiere in NYC in March 2018 (Funded by the UJA Federation of New York). www.NaomiLess.com

LEVY, NAOMI

Naomi Levy's latest book is *Einstein and the Rabbi*. She is the author of the national bestseller, *To Begin Again*, as well as *Talking to God* and *Hope Will Find You*. Naomi is the founder and rabbi of *Nashuva*, a groundbreaking Jewish spiritual outreach movement based in Los Angeles. Levy was named one of the top-fifty rabbis in America by *Newsweek* and has appeared on *The Oprah Winfrey Show*, the *Today* show, and *NPR*. She was in the first class of women to enter the Jewish Theological Seminary's rabbinical school and the first woman in her movement to head a congregation on the West Coast.

LIGHT, RICK

Rick Light, a leader on Jewish death practices, has published four books, his most recent, Jewish Rites of Death: Stories of Beauty and Transformation won a 2016 Nautilus Book Award. For 18 years Rick lead a local Chevrah Kadisha that he started in 1996. He is on the Board of Directors of the international educational organization, Kavod v'Nichum, and a senior instructor for the Gamliel Institute. He continues to teach to raise awareness about Jewish death and burial practices at the local, state, and national levels.

LINDER, JOHN

John Linder is in his 10th year serving as rabbi at Temple Solel in Paradise Valley, Arizona. His circuitous route to the rabbinate took him from community and labor organizer to scrap metal dealer to Hebrew Union College-Jewish Institute in Cincinnati.

MALTZMAN, MORRINE

Morrine Maltzman is a local mosaic artist who has created large murals for public spaces and numerous commissioned works. She teaches mosaic classes at her studio, local clubhouses, and homes for mosaic parties. She likes to focus on Jewish themed projects such as $h\alpha ms\alpha s$, the tree of life, and Jewish stars.

MARCUS, GREG

Greg Marcus is the creator of American Mussar, a 21st century spiritual practice for an authentic and meaningful life. As a graduate of Mussar Institute's facilitator training program, he has been teaching for five years. Greg offers guidance on leading a life of mindful harmony and spiritual integrity, drawing upon Jewish teachings and contemporary wisdom alike. He has written for the Forward and Tikkun.org. His latest book, The Spiritual Practice of Good Actions: Finding Balance Through the Soul Traits of Mussar was praised by Alan Morinis, Rabbis David Jaffe, Ira Stone, and Shefa Gold, as well as filmmaker Tiffany Shlain.

MARK-DREYFUSS, BARBARA

Author of four books, including AMERICA AT LAST, a Family's Journey from Fear to Freedom. Founder and President of Minnesota Association of Community Theatres, actor at Centre Stage, Cricket Theatre, Theatre in the Round. Creator and director of MASKETEERS, through National Council of Jewish Women. Former member of boards of Valley Beth Shalom, Encino, CA; Jewish National Fund; Federation Women's Division; JCRC; and. Scottsdale Center for the Performing Arts. Current member of board of directors of Anti Defamation League.

MEYERSON, ROBIN

Robin Meyerson earned a bachelor's degree in Marketing and a master's degree in International Management. She has 25 years' experience in sales and marketing at profit and nonprofit organizations: Director of Communications for Avnet Inc.; publisher of Jewish Spirit Magazine; and, adjunct business faculty member at Scottsdale Community College. Robin provides marketing consulting, life coaching and volunteers as West Coast Director for the NASCK. She served on boards of the Jewish Tuition Organization, Shearim High School for Girls and National Jewish Education Foundation. Her new book From This World To The Next: Amazing True Stories about Jewish Burial and the Afterlife, is available through NASCK.org.

OBER, JACQUELINE

Public Relations Specialist at STRATEGY forty-eight by day, avid crafter by night, Jacqueline has extensive PR and digital media skills. In addition, she was a seasoned television news producer in Phoenix. As a creative voice for clients, Jacqueline finds unique and effective ways to tell their stories.

POSEN, EVE

Eve Posen serves as the Assistant Rabbi at Congregation Neveh Shalom in Portland, Oregon, where she teaches, preaches, inspires, and engages all generations of the synagogue community. Eve spent four years as Campus Rabbi of Ann and Nate Levine Academy in Dallas, TX. She attended the University of Michigan, Ann Arbor, where she received a B.A. in Judaic Studies. She has a Master's Degree in Experiential Education from the American Jewish University's Fingerhut School of Education. Upon her ordination from the Ziegler School of Rabbinic Studies at AJU in 2010, she received the SREL (Schechter Residency in Educational Leadership) Fellowship.

RIFE, SANDY

Sandy Rife as General Manager at Mt. Sinai Cemetery for 9 years has participated in conversations about Jewish practices and beliefs regarding burial. Active in the Jewish community, she was president of both the Jewish day school and the board of Bureau of Jewish Education. She served in the Jewish Federation of Greater Phoenix in allocations; chaired a mission to Israel; and was Women's Campaign chair. Sandy received Federation's Golda Meir Award, and National Kipnis-Wilson Friedland Lion of Judah Award. She and her husband Seymour received the Jewish National Fund Tree of Life Award.

ROSEN, TRACEE

Tracee Rosen is the rabbi at Beth Emeth Congregation of the West Valley. She teaches at the Melton School for Adult Jewish Learning, Temple Emanuel's Discovering Judaism program, and is a trained facilitator for the Institute of Jewish Spirituality's Wise Aging program. She was formerly rabbi at Temple Gan Elohim. She is a graduate of the Ziegler School of Rabbinic Studies at the American Jewish University in Los Angeles, where she received numerous awards for academic excellence. She also earned an MBA at Washington University in St. Louis, and prior to becoming a rabbi, worked in banking.

ROTH, JAY

Jay Roth has a BA in history and a Master's degree in social work. He graduated from a yeshiva high school and is comfortable with all aspects of Judaism. Jay has served as an executive director of Jewish community centers for 40 years. He has taught health care at Mercy College in the Bronx and history classes at Florida International University. Jay's classes included "Lincoln and the Civil War", "The American Revolution" and "American Presidency: TR to FDR."

RUBENSTEIN, JESSIE

Jessie Rubenstein attended Kenyon College where she received her Bachelor's Degree in Religious Studies. She currently works as a Jewish educator at Pardes Jewish Day School in Scottsdale and serves as the spiritual leader of Congregation Beth HaGivot in Fountain Hills.

SHAPIRO, DEAN

Dean Shapiro, rabbi of Tempe Emanuel, received rabbinic ordination and a certificate in Jewish Communal Service from Hebrew Union College and a Bachelor's Degree, with Honors, from Harvard College. He is a graduate of Clal's Clergy Leadership Incubator, a fellowship of Rabbis Without Borders, and the Institute for Jewish Spirituality's

fellowship for clergy. He participates in Tempe's Interfaith Fellowship and writes a monthly column on spirituality for the East Valley Tribune. As a movie industry executive he specialized in international distribution such as "My Big Fat Greek Wedding." He has served Jewish communities in Auckland, Los Angeles, and the Bay Area.

SHENKER, LOIS

Lois Shenker, both a professional and volunteer leader in Portland, Oregon's Jewish Community, has served as Director of the Early Childhood Learning Center of Portland's JCC, Administrator for The Oregon Board of Rabbis Introduction to Judaism class, facilitator/teacher for The Mothers Circle, and frequent teacher/speaker on issues of Jewish parenting and family life. She co-authored *Pirkei Imahot: The Wisdom of Mothers, The Voices of Women*.

SILVERSTEIN, CARY

Cary Silverstein is the President & CEO of the SMA, LLC & The Negotiating Edge, a consulting firm that mentors key executives and trains their organizations. Cary's passion is researching obscure aspects of Jewish history. He has presented on "The Jewish Pirates of the Caribbean" and "Jewish Cowboys of the Old West" at last year's LimmudAZ. and at local Jewish organizations in Wisconsin. Cary is co-author with Larry Waldman, PhD of the book, Overcoming Negotiaphobia: While Negotiating Your Way Through Life.

SIMON, BETSY

Diagnosed at age 3, Betsy has always been aware the she has Gaucher Disease. Betsy has actively provided outreach to the Jewish Community about Gaucher Disease and serves as a mentor.

SIMON, LINDA

Linda Simon is a native of Brooklyn, New York. She moved to Scottsdale and established Simon Chiropractic in 1986 with her husband, Dr. Ira Simon. Linda studied jazz and tap with Fred Kelly (Gene Kelly's brother) at Pace University, NYC. She's rediscovered her love of dance and now enjoys tap, jazz, belly dance, ballet, Pilates, and yoga.

SNYDER, MINDIE

Mindie Snyder is the rabbi and spiritual leader of Congregation Lev Shalom (formerly, Heichal Baoranim/Temple in the Pines), Flagstaff, AZ. She brings over 30 years of experience in arts, health, and human services, providing pioneering work in spiritual care and the expressive arts. She has been a program innovator, organizational executive, consultant to corporations, state and national agencies and a requested media spokesperson for issues pertaining to aging, end of life, at-risk youth and families among other religious, social and public health issues.

STEINGART, LIVIA SPITZ

Livia Spitz Steingart is the daughter of Holocaust survivors. She considers herself fortunate to have drawn upon the hard-won wisdom of her parents who taught her to achieve not only through work and study, but also by service. Livia has five college degrees including a Master's Degree and Doctorate in Psychology and a second Master's Degree in Business Administration as a Finance Major. She has worked for over 25 years applying her innovative methods to the corporate world, as well as medical management, education and life coaching.

TYRE, AMY

Amy's warmth, wisdom, humor, and kindness permeate her yoga classes allowing her students to feel nurtured, engaged and challenged. Her twenty years of practice and deep love of yoga shines through in every class, as she strives to meet each student wherever they are, both on and off the mat. She has a broad range of experience teaching multiple levels, from beginner to advanced, and a wide range of ages, from teenagers to seniors. Amy's teaching style is compassionate, while highly instructive, often drawing couples and multiple generations of family members to her classes and/or private sessions.

VAISBEN, ERAN

In 2006, Eran earned his Master Degree in Jewish Education at the Jewish Theological Seminary in New York. Between 2006 and 2015 He served as the Education Director at two schools. In 2014, Eran completed his doctoral degree in Educational Leadership at The University of California, Davis. He has taught at numerous national conferences and has extensive knowledge and experience in the fields of educational leadership, curriculum development and Jewish learning.

WALDMAN, LARRY

Larry Waldman retired from a 40-year private clinical, forensic psychological practice in North Phoenix. He continues his work through consulting, teaching, writing, and as a speaker. He makes presentations to the community, educators, chiropractors, attorneys, and fellow mental health professionals. He is the Co-Chair of the Early Career Committee for the AZ Psychological Association. He has been the kick-off presenter for Marriage University for the past decade. His first two books Who's Raising Whom? and Coping with Your Adolescent will serve as the basis for the presentation.

WASSERMAN, MICHAEL

Michael Wasserman is co-rabbi of The New Shul in Scottsdale, together with his wife Elana Kanter. He is a graduate of Harvard University, the Jewish Theological Seminary, and the Hartman Institute's Rabbinic Leadership Institute. He has published numerous articles in professional and academic journals.

WEBERMAN, HERSHL

He served on the board of NAOEJ (North American Conference on Ethiopian Jewry) in the mid-1980s.

WEIL, MICHAEL

Michael led the dramatic transformation and rebuilding of the New Orleans Jewish community as Federation Director after Katrina, 2006 to 2017. He spent four years in Jerusalem as research fellow at the Jewish People Policy Planning Institute. He headed Leadership & Development at World ORT in London and was managing director of Megama Management Consultants in Israel. Weil was chief financial officer for Project Renewal at the Prime Minister's Office. He has a B.S. in Economics with Technology from City University, London and a MA in Development Economics from Sussex University. Michael recently moved back to Israel and serves on the Limmud International Advisory Board.

WOLF, REBECCA

Rebecca Wolf has taught Yoga Meets Dance for 13 years in a variety of settings: homeless shelters, retirement communities, immigrant absorption centers in Israel, and schools. She is a full-time assistant professor of occupational therapy at A.T. Still University.

ZITTER, JESSICA NUTIK

Jessica Zitter, MD, MPH practices ICU and Palliative Care at the County Hospital in Oakland, California. She is the author of Extreme Measures: Finding a Better Path to the End of Life (Penguin, 2017). Her essays and articles have appeared in the New York Times, The Atlantic, the Huffington Post, the Journal of the American Medical Association, and other publications. Her work is featured in an Oscar and Emmy-nominated short documentary, Extremis (2017), now streaming on Netflix.

ZUCHMAN, ALISSA

Alissa Zuchman comes to Temple Solel from Chicago, where she served as Director of Education for 25 years at Temple Beth- El, Northbrook, IL and Congregation Sukkat Shalom, Wilmette, IL. Alissa brings professionalism and extensive experience in curriculum development, family programming and community outreach. She studied at the University of Judaism/ Jewish Theological Seminary and has a degree in Bible and Rabbinic Literature. She continued her study at The University of Chicago in Educational Psychology and has completed course work for a doctorate in Theology and Psychology. Alissa has a passion for community, and for teaching Torah, spirituality and Jewish living.

For full presenter biographies, please visit www.limmudaz.org.



Rabbi Dr. Shmuly Yanklowitz President & Dean



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Monday, February 12

Thursday, March 8

Ishbitz Hasidic Thought

1pm at Temple Solel

7pm at Temple Chai

Rabbi Sam Intrator

Dr. Jessica Nutik Zitter Extreme Measures: Finding a Better Path to the End of Life 1pm at Temple Kol Ami and 7pm at Congregation Or Tzion

The Radical and Modern Approach of

Transcending the Great Right-Left Divide in Israel Through Spirituality



Thursday, February 22 Dr. Rachel Tzvia Back The Woman's Voice in Modern Hebrew Poetry from Lea Goldberg to Efrat Mishori 7pm at The New Shul

Monday, March 12 Professor Aaron Hahn Tapper The Jewish Story? Inclusion,

Exclusion, and the Jewish 'Other' Within 7pm at Temple Solel



Monday, February 26 Rabbi Sharon Cohen Anisfeld Purim: The Jewish Holiday of Friendship ~ 1pm at the Jewish Community Foundation Mi Yodea: Humility and Hope in an Uncertain World 7pm at The New Shul 7pm at The New Shul

Thursday, March 15 Marilyn Byfield Paul

Can Save Your Life



Sunday, March 4 Rabbi Dr. Alan Brill Rabbi on The Ganges: A Jewish Hindu

Encounter 7pm at Temple Kol Ami





Monday, March 19
Rabbi Dr. Ariel Evan Mayse
Neo-Hasidism and the Theology of Halakhah: The
Duties of Intimacy & the Law of the Heart
1pm at Temple Chai
The Soul in Jewish Mysticism: Opening the Heart to

the Inner Life



7pm at Temple Solel Co-sponsored by Mt. Sinai Cemetery



ADDED **EVENTS**

Thursday, March 22 Rabbi Jeffrey Salkin Righteous Gentiles of the Hebrew Bible: Ancient Models for Sacred Relationships
1pm at Temple Kol Ami
How to Re-Claim The Spiritual
Meaning of Your Child's Bar or Bat Mitzvah 7pm at Temple Chai



Thursday, April 12 Sheila Katz Snella Katz Connecting with the Enemy: A Century of Palestinian-Israeli Joint Nonviolence 7pm at The New Shul



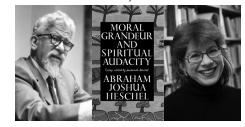
Monday, April 16 Rabbi Daniel Greyber Forgotten Mourners 7pm at Congregation Or Tzion

7pm at the Valley of the Sun

Jewish Community Center



Professor Susannah Heschel Moral Grandeur & Spiritual Audacity: The Life & Thought of Rabbi Abraham Joshua Heschel 7pm at Temple Chai 2018 Hammerman Family Lecture



Thursday, May 3Professor Zvi Zohar
Inclusiveness as a Religious Value:
Sephardic Rabbinic Response to a Major Sephardic Rabbinic Response to a Major Challenge of Modernity 1pm at Temple Chai The Rabbi and the Sheikh: A Tale of an Inter-Faith Quest and a Human Relationship in 18th Century Damascus 7pm at Temple Kol Ami



Monday, May 7 Aharon Ariel Lavi About Economy & Sustenance: Judaism, Society, & Economics 7pm at Temple Solel



Thursday, May 10 Professor Jeremy Dauber Jewish Comedy: A Serious History
7pm at the Valley of the Sun Jewish Community Center

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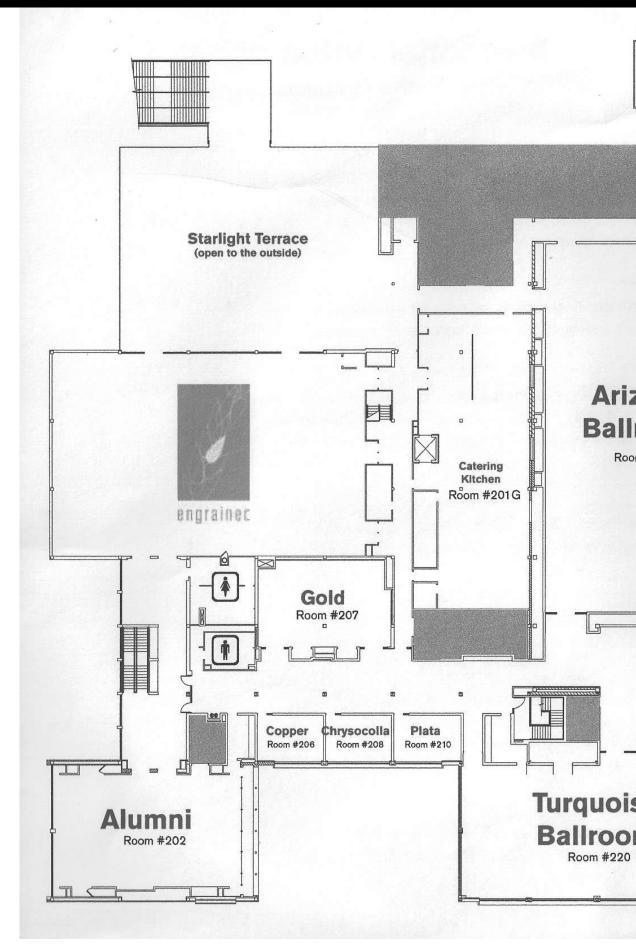
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See you next year at See you next year at Taste of Limmud AZ on November 15, 2018 E Limmud AZ on February 10, 2019

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